

How to refer to Foundry Abbotsford's Primary Care Clinic for Mental Health Concerns:

- See attached referral form, choose Primary Care option, fill out all patient demographic
- Only use referral form if wishing your patient to see a General Practitioner regarding their mental health.
- ALWAYS attach a list of medications trialed and what the outcome was of the trial
- ALWAYS let us know if your patient is attending psychiatry, counselling or community mental health centres.
- Fax referral to 604 746 7399
- Our office will contact patient directly

WE ONLY SEE YOUTH WITH MILD TO MODERATE MENTAL HEALTH CONCERNS

How to refer to Foundry Abbotsford's Primary Care Clinic for **Gender Affirming Care or Sexual Health:

- See attached referral form, choose Sexual Health or Gender Affirm Care option, fill out all patient demographic
- Under Sexual health please circle which service you are looking for.
- Fax to 604 746 7399
- Our office will contact patient directly.

****Gender Affirming Care has a waitlist, please inform your patient****

How to refer to Foundry Abbotsford's Same Day Counselling, Social Services or Peer Support:

- **Same day counselling** is accessed via the Foundry Abbotsford Website under "How to access services" by the patient.
- They fill out the form and the navigator contacts the patient to confirm appointment
- **Social Services/Peer support** please complete Foundry referral form and fax to 604 746 7399

How to refer to Foundry Abbotsford's Psychiatry Clinic

DO NOT USE FOUNDRY REFERRAL FORM- USE YOUR USUAL REFERRAL LETTER FROM YOUR EMR

- Please include all meds and modalities tried.
- Fax to 604 776 2121
- The psychiatrist will make recommendations, it is up to the FP to implement.
- Our psychiatrist, Dr Agbahovbe, will only see youth from Abbotsford or Mission.

The following programs can be accessed directly by PCP's

- IMPACT: Drug/EtOH counselling for youth and their adult supports ph. 1-800-397-0260
- START: Short Term Assessment Response Team, ages 6 – 18 ph. 604-743-0765
- EPI: Early Psychosis Intervention Program, ages 13 – 30 ph. 1-866-870-7847
- CYMH: Child and Youth Mental Health, ages 0 – 18 ph. 604-870-5880 **CYMH IS NOT LOCATED AT FOUNDRY**
- AMH: Adult Mental Health, ages 19 and up ph. 607-870-7800 **NOT LOCATED AT FOUNDRY**
- Eating Disorders: Adults ph. 604 743 1905 Adolescents, age <19 ph. 604-870-5880

Note: Adolescent Day Treatment Program (ADTP), ages 13 – 18 via CYMH only

Information will be shared with the referring PCP upon patient consent

FOUNDRY ABBOTSFORD DOES NOT DO AUTISM ASSESSMENTS