

# Tapestry Study



- **Full Study Title: “Developing and Evaluating a Digital Knowledge Translation Toolkit: Increasing Mental Health Service Use Decision-Making at Integrated Youth Services in Canada”**
- **Short Title: “TAPESTRY” study**
- **UBC REB#: H24-00822**
- **Principal Investigator: Dr. Shelly Ben-David**
- **Funder: Canadian Institutes of Health Research (CIHR) Project grant**

## Study Background/Information

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The primary goal of this four-year research study is to develop and test a digital toolkit to increase mental health service use in Canadian youth. This work will involve the participation of youth, service providers, and Integrated Youth Services across Canada (including Foundry in BC, Youth Wellness Hubs in Ontario, and Kickstand in Alberta) to co-develop a digital toolkit using an online platform called “Tapestry”.

The current recruitment call for service providers is for “Phase 1: Module curriculum development”. During this phase, the module curriculum team will develop a curriculum for four modules in our knowledge translation (KT toolkit) based on findings from two pilot qualitative studies led by Dr. Ben-David.

The first study titled “Foundry Kelowna Study” was a Foundry partnered project and involved interviews with youth ages 15-24 and families, to understand how youth make decisions about accessing mental health services at Foundry Kelowna. The “[Strong People Seek Support](#)”, a series of animated films co-designed with four young people with lived experiences of mental health challenges, was a knowledge translation project building from this study. The other study, Digital Divide, was a Foundry partnered project which investigated barriers and facilitators for diverse youth with mental health issues experience when accessing digital mental health services and support.

It is anticipated that up to 50 service providers will participate in the study. About a third of those service providers will come from our recruitment efforts across the Foundry network.

For questions or further information, please send an email to Dr. Shelly Ben-David at [shelly.ben-david@ubc.ca](mailto:shelly.ben-david@ubc.ca).