

Foundry Virtual BC

Free mental health & wellness services for young people ages 12-24 and their caregivers living in BC.

Counselling

Groups & Workshops

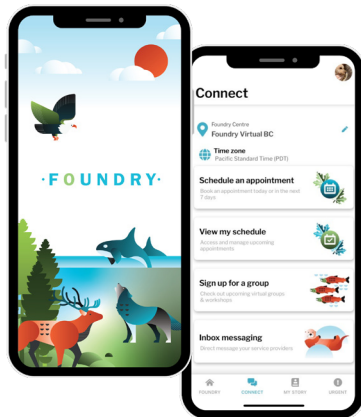
Peer Support

Physical & Sexual Health Care

Employment & Education Services

Indigenous Wellness Services

Substance Use Services



Download the app



Access in a browser



To learn more, please call **1-833-308-6379**
email online@foundrybc.ca or
visit foundrybc.ca/foundry-virtual-bc



Hours:

Mon-Fri, 10am-9pm
Sat-Sun, 10am-6pm



**We're here for you,
wherever you're at.**

**Foundry Virtual BC services are free
and confidential, no referrals are needed.
We offer video, audio and chat options.**

· F O U N D R Y ·