November 10th to November 15th, 2025^F 0 U N D R Y

This week at Foundry

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Foundry Closed Today	Closed for Remembrance Day City of Prince George Remembrance Day Ceremonies	Drop-in Primary Care: 11:00 A.M 5:00 P.M. Drop-in Counselling: 12:00 P.M 6:30 P.M. Emily (by phone or video) Kat, Moira, Kareen & Danielle	Drop-in Primary Care: 11:00 A.M 5:00 P.M. Drop-in Counselling: 12:00 P.M 5:00 P.M. Jane	Drop-in Primary Care: 11:00 A.M 5:00 P.M. Drop-in Counselling: 12:00 P.M 5:00 P.M. Danielle & Kat	Drop-in Primary Care: No drop-in services today Drop-in Counselling: No drop-in services today	
Primary care services at Foundry Prince George include Registered				Visit us		



Nurse Prescriber, Nurse Practitioner, and/or Physician time slots.

1148 7th Avenue, Prince George foundrybc.ca/princegeorge/

Contact Us

foundryprincegeorge@bc.ymca.ca 236-423-1571

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This week at Foundry

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Foundry Closed Today	Closed for Remembrance Day City of Prince George Remembrance Day Ceremonies	Groups: Workout with River (Drop-in) 1:00 P.M 3:00 P.M. See website for more info Bereavement Support for Traumatic Loss (Registered) 6:00 P.M 8:00 P.M. Contact	Groups: Emotion Focused Family Therapy for Caregivers (Registered) 9:30 A.M 4:00 P.M. See website for more info	Groups: Circle of Security for Caregivers (Registered) 9:30 A.M 11:00 A.M. See website for more info	Groups: Shade Trans Social Group (Drop-in) 7:00 P.M 9:00 P.M.	
_	y care at Foundry Princ	pgbereavement@gmail.com for more info e George:			mily/Caregiver Support bundry Prince George:	

- booking.
- Due to high demand and a shortage of providers in the community, walk-in services at Foundry PG fills up very quickly. Those who present in person at 11:00am will be booked prior to taking phone calls.
- If you have a cold or flu-like symptoms, you will be asked to wear a mask or potentially engage by phone or video



236-423-1571 or email

kristie.north@bc.ymca.ca

How to access Youth Peer Support:

✓ Call or come down to Foundry or YAP Monday-Friday

How to access Housing Support:

✓ Contact Ren 250-645-6090 or email ren.anderson@bc.ymca.ca

