

October 27th to November 01st, 2025

This week at Foundry



FOUND^{RY}
PRINCE GEORGE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Drop-in Primary Care: 11:00A.M.-5:00P.M.	Drop-in Primary Care: 11:00A.M.-5:00P.M.	Drop-in Primary Care: 11:00A.M.-5:00P.M.	Drop-in Primary Care: 11:00A.M.-5:00P.M.	Drop-in Primary Care: <i>*1:00P.M.-4:30P.M.</i>	Drop-in Primary Care: <i>No drop-in primary care today</i>
Drop-in Counselling: 12:00P.M.-6:30P.M. - Emily (by phone or video) - Jane & Kareen	Drop-in Counselling: 12:00P.M.-5:00P.M. - Emily (by phone or video) - Danielle	Drop-in Counselling: 12:00P.M.-6:30P.M. - Emily (by phone or video) - Kat, Moira, Kareen & Danielle	Drop-in Counselling: 12:00P.M.-5:00P.M. Kat, Sandy & Kareen	Drop-in Counselling: 12:00P.M.-5:00P.M. Jane, Danielle & Kat	Drop-in Counselling: <i>No drop-in counselling today</i>

Primary care services at Foundry Prince George include Registered Nurse Prescriber, Nurse Practitioner, and/or Physician time slots.



Visit us

1148 7th Avenue, Prince George
foundrybc.ca/princegeorge/

Contact Us

foundryprincegeorge@bc.ymca.ca
 236-423-1571

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Groups: Dialectical Behaviour Therapy for <i>Youth</i> (Registered) 4:00P.M.-5:30P.M. See website for more info	Groups: Dialectical Behaviour Therapy for <i>Caregivers</i> (Registered) 5:00P.M.-6:00P.M. See website for more info Smart Recovery Family & Friends (Drop-In, ages 18+) 5:00P.M.-6:30P.M. @the Prince George Public Library See website for more info	Groups: Bereavement Support for Traumatic Loss (Registered) 6:00P.M.-8:00P.M. Contact pgbereavement@gmail.com for more info	Groups:	Groups:	Groups:
How to access primary care at Foundry Prince George: ✓ Offered on a first-come, first-serve basis on the same day of need. No pre-booking. ✓ Due to high demand and a shortage of providers in the community, walk-in services at Foundry PG fills up very quickly. Those who present in person at 11:00am will be booked prior to taking phone calls. ✓ If you have a cold or flu-like symptoms, you will be asked to wear a mask or potentially engage by phone or video			How to access Family/Caregiver Support: ✓ Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca How to access Youth Peer Support: ✓ Call or come down to Foundry or YAP Monday-Friday How to access Housing Support: ✓ Contact Shane: 250-645-6090		

