

October 06th to 11th, 2025

This week at Foundry



• FOUNDRY •
PRINCE GEORGE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Walk-in Primary Care: 11:00A.M.-5:00P.M.	Walk-in Primary Care: 11:00A.M.-5:00P.M.	Walk-in Primary Care: 11:00A.M.-5:00P.M.	Walk-in Primary Care: 11:00A.M.-5:00P.M.	Walk-in Primary Care: 11:00A.M.-5:00P.M.	Walk-in Primary Care: <u>Sexual Health Clinic</u> 2:00P.M.-6:00P.M. (testing, contraception management, referrals)
Walk-in Counselling: 12:00P.M.-5:00P.M. • Emily & Jane	Walk-in Counselling: 12:00P.M.-5:00P.M. • Emily & Danielle	Walk-in Counselling: 12:00P.M.-6:30P.M. • Kat, Moira, Emily & Danielle	Walk-in Counselling: 12:00P.M.-5:00P.M. • Kat, Sandy & Kareen	Walk-in Counselling: 12:00P.M.-5:00P.M. • Jane, Kareen, Kat & Danielle	Walk-in Counselling: 2:00P.M.-6:00P.M. • Moira & Danielle
Primary care services at Foundry Prince George include Registered Nurse Prescriber, Nurse Practitioner, and/or Physician time slots.					



Visit us

1148 7th Avenue, Prince George
foundrybc.ca/princegeorge/

Contact Us

foundryprincegeorge@bc.ymca.ca
236-423-1571

October 06th to 11th, 2025

This week at Foundry



• F O U N D R Y •
PRINCE GEORGE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Groups:</p> <p>Dialectical Behaviour Therapy for <i>Youth</i> (Registered)</p> <p>4:00P.M.-5:30P.M.</p> <p>See website for more info</p>	<p>Groups:</p> <p>Dialectical Behaviour Therapy for <i>Caregivers</i> (Registered)</p> <p>5:00P.M.-6:00P.M.</p> <p>See website for more info</p>	<p>Groups:</p> <p>Bereavement Support for Traumatic Loss (Registered)</p> <p>6:00P.M.-8:00P.M.</p> <p>Contact pgbereavement@gmail.com for more info</p>	<p>Groups:</p> <p>Cultural Circle-Beading with Peer Supporter Lex (Drop-In, all ages)</p> <p>2:00P.M.-5:00P.M.</p> <p>See website for more info</p>	<p>Groups:</p> <p>Cultural Circle-Beading with Peer Supporter Lex (Drop-In, all ages)</p> <p>2:00P.M.-5:00P.M.</p> <p>See website for more info</p> <p>Shade Trans Social Group (Drop-In, all ages)</p> <p>7:00P.M.-9:00P.M.</p> <p>Contact accessiblecounselling.services@gmail.com for more info</p>	
<p>How to access primary care at Foundry Prince George:</p> <ul style="list-style-type: none"> ✓ Offered on a first-come, first-serve basis on the same day of need. No pre-booking. ✓ Due to high demand and a shortage of providers in the community, walk-in services at Foundry PG fills up very quickly. Those who present in person at 11:00am will be booked prior to taking phone calls. ✓ If you have a cold or flu-like symptoms, you will be asked to wear a mask or potentially engage by phone or video 			<p>How to access Family/Caregiver Support:</p> <ul style="list-style-type: none"> ✓ Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca <p>How to access Youth Peer Support:</p> <ul style="list-style-type: none"> ✓ Contact Foundry or come down to Foundry or YAP Monday-Friday <p>How to access Housing Support:</p> <ul style="list-style-type: none"> ✓ Contact Shane: 250-645-6090 		

