

# September 29<sup>th</sup> to October 04<sup>th</sup>, 2025

## This week at Foundry



FOUNDRY  
PRINCE GEORGE

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday  |
|--|---|--|--|---|---|
| <p><b>Walk-in Primary Care:</b><br/>11:00A.M.-5:00P.M.</p> <p><b>Walk-in Counselling:</b><br/>12:00P.M.-5:00P.M.</p> <ul style="list-style-type: none"> <li>Emily (by phone or video)</li> </ul> | <p><b>Closed for Truth and Reconciliation Day</b></p> <p><b><u>Lheidli T'enneh TRD events</u></b></p> <p><b><u>National Centre for Truth &amp; Reconciliation</u></b></p> | <p><b>Walk-in Primary Care:</b><br/>11:00A.M.-5:00P.M.</p> <p><b>Walk-in Counselling:</b><br/><b>12:00P.M.-6:30P.M.</b></p> <ul style="list-style-type: none"> <li>Kat, Moira, Vanessa &amp; Danielle</li> </ul> | <p><b>Walk-in Primary Care:</b><br/>11:00A.M.-5:00P.M.</p> <p><b>Walk-in Counselling:</b><br/>12:00P.M.-5:00P.M.</p> <ul style="list-style-type: none"> <li>Kat, Jane &amp; Karen</li> </ul> | <p><b>Walk-in Primary Care:</b><br/>11:00A.M.-5:00P.M.</p> <p><b>Walk-in Counselling:</b><br/>12:00P.M.-5:00P.M.</p> <ul style="list-style-type: none"> <li>Kareen, Kat &amp; Danielle</li> </ul> | <p><b>Walk-in Primary Care:</b><br/><i>No walk-in primary care today</i></p> <p><b>Walk-in Counselling:</b><br/>12:00P.M.-5:00P.M.</p> <p><i>No walk-in counselling today</i></p> |
| <p>Primary care services at Foundry Prince George include Registered Nurse Sexual Health Prescriber, Nurse Practitioner, and/or Physician time slots.</p>  |   |  |  |   |   |



### Visit us

1148 7th Avenue, Prince George  
foundrybc.ca/princegeorge/

### Contact Us

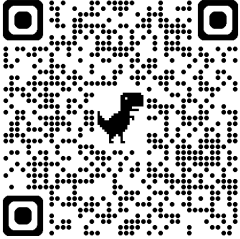
foundryprincegeorge@bc.ymca.ca  
236-423-1571

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| Monday   | Tuesday   | Wednesday             | Thursday              | Friday  | Saturday              |
|--|---|-----------------------|-----------------------|---|-----------------------|
| <p><b>Groups:</b></p> <p>Dialectical Behaviour Therapy for Caregivers<br/>(Drop-In)</p> <p>5:00P.M.-6:00P.M.</p> <p>See website for more info</p>  | <p><b>Groups:</b></p> <p>Lheidli T'enneh Prince George TRD Events</p>  | <p><b>Groups:</b></p> | <p><b>Groups:</b></p> | <p><b>Groups:</b></p>   | <p><b>Groups:</b></p> |
| <p><b>How to access primary care at Foundry Prince George:</b></p> <ul style="list-style-type: none"><li>✓ Offered on a first-come, first-serve basis on the same day of need. No pre-booking.</li><li>✓ Due to high demand and a shortage of providers in the community, walk-in services at Foundry PG fills up very quickly. Those who present in person at 11:00am will be booked prior to taking phone calls.</li><li>✓ If you have a cold or flu-like symptoms, you will be asked to wear a mask or potentially engage by phone or video</li></ul> |   |                       |                       | <p><b>How to access Family/Caregiver Support:</b></p> <ul style="list-style-type: none"><li>✓ Contact Foundry Prince George: 236-423-1571 or email <a href="mailto:kristie.north@bc.ymca.ca">kristie.north@bc.ymca.ca</a></li></ul> <p><b>How to access Youth Peer Support:</b></p> <ul style="list-style-type: none"><li>✓ Contact Foundry or come down to Foundry or YAP Monday-Friday</li></ul> <p><b>How to access Housing Support:</b></p> <ul style="list-style-type: none"><li>✓ Contact Ren (Lacey): 250-645-6090 or email <a href="mailto:lacey.anderson@bc.ymca.ca">lacey.anderson@bc.ymca.ca</a></li></ul> |                       |

