August 25th to 30th 2025 This week at Foundry

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: No walk-in primary care today
Closed due to water main repair	Walk-in Counselling: 12:00P.M5:00P.M. • Emily (by phone or video) • Jane	Walk-in Counselling: 12:00P.M5:00P.M. Emily (by phone or video) Jane & Danielle	Walk-in Counselling: 12:00P.M5:00P.M. Moira, Jane & Danielle	Walk-in Counselling: 12:00P.M5:00P.M. Moira & Danielle	Walk-in Counselling: 12:00P.M5:00P.M. No walk-in counselling today
_	nt Foundry Prince George rescriber, Nurse Practitio	_		Visit us	



1148 7th Avenue, Prince George foundrybc.ca/princegeorge/

Contact Us

foundryprincegeorge@bc.ymca.ca 236-423-1571

August 25th to 30th, 2025 This week at Foundry

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lacey.anderson@bc.ymca.ca

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Groups:	Groups:	Groups:	Groups:	Groups:	Groups:	
	Smart Recovery	Work Out Group with	Dialectical Behaviour			
Closed due to water	Family & Friends	Peer Supporter River	Therapy for			
main repair	(Drop-In , ages 18+)	(Registered , all ages)	Caregivers			
	5:00P.M6:30P.M.	1:00P.M3:00P.M.	(Drop-In, ages 18+)			
	@the Prince George	See website for more info	5:00P.M6:00P.M.			
	Public Library		See website for more info			
	See website for more info					
low to access primary care at Foundry Prince George:				How to access Family/Caregiver Suppor		
✓ Offered on a first-come, first-serve basis on the same day of need. No pre-booking.			✓ Contact Formula	oundry Prince George:		
			236-423-15	1571 or email		
✓ Due to high de	emand and a shortage of p	providers in the		kristie.nor	th@bc.ymca.ca	
•	alk-in services at Foundry	' '		How to access Yo	uth Peer Support:	
• •	who present in person at	11:00am will be		✓ Contact For	oundry or come down to	
•	o taking phone calls.			Foundry o	r YAP Monday-Friday	
•	old or flu-like symptoms,			How to access Ho	ousing Support:	
wear a mask o	r potentially engage by ph	none or video		✓ Contact Re	en (Lacey):	
			•		090 or email	

