

How does Foundry use data to evolve services alongside youth?



Who was the study about?

Youth (ages 12–24) who accessed Foundry services between 2018–2021:



What was done?

Researchers used data from a central platform called Toolbox.

They looked at:

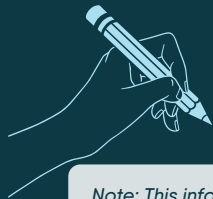
- Who is coming to Foundry and who isn't?
- What services are used?
- Any changes during COVID-19?

Based on:

- Optional surveys completed by youth who visited Foundry
- Forms completed by service providers



What did Foundry learn?



Note: This infographic focuses on overall themes and demographic data from the study, as well as Foundry's response to these data.

- ① A majority of youth accessing services identified as female.
- ② Fewer younger youth (ages 12–14) are coming to Foundry than older youth.
- ③ Foundry supports youth of diverse ages, genders and ethnicities. Some groups are represented more than others.



There is a need for:

- Targeted outreach and campaigns for **boys and men**
- Services and supports specific for **younger youth**
- Culturally safe and responsive services for **diverse youth**

What did Foundry do in response?

- Grew and **transformed virtual services** based on evolving needs & lessons from COVID-19.
- Conducted **anti-racism assessments** to support diverse youth accessing Foundry.
- Dedicated **research** to learning about what mental health means for youth ages 12–15
- Developed **We Are Here For You**: a virtual health campaign for boys and men.



What do youth & family want you to know?



- The needs of youth are **continuously evolving**, and youth services need to adapt alongside.
- Routinely collecting and analyzing **youth-centred data** (like in this study) is key to improving services.
- Learning about who is **not** accessing services helps us build strategies to reach a wider range of youth.

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Title: Implementing Foundry: A cohort study describing the regional and virtual expansion of a youth integrated service in British Columbia, Canada
Journal and date: Early Intervention in Psychiatry, May 2024

To learn more about Foundry research, visit foundrybc.ca/research



Scan to read the article!

Co-created with the Findings for Foundry Committee, a group of youth and family/caregiver advisors.

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