## June 09<sup>th</sup> to 14<sup>th</sup>, 2025 This week at Foundry

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: No walk-in primary care today	
Walk-in Counselling: 12:00P.M5:00P.M.  Moira Emily (by phone or video)	Walk-in Counselling: 12:00P.M5:00P.M. • Emily (by phone or video)	Walk-in Counselling: 12:00P.M5:00P.M.  Vanessa & Kat Emily (by phone or video)	Walk-in Counselling: 12:00P.M5:00P.M.  Moira, Kat & Kareen	Walk-in Counselling: 12:00P.M5:00P.M. • Moira, Kat & Kareen	Walk-in Counselling: No walk-in counselling today	
· ·	at Foundry Prince George	•				
Nurse Sexual Health P time slots.	rescriber, Nurse Practitio	ner, and/or Physician		Visit us	3	



1148 7th Avenue, Prince George foundrybc.ca/princegeorge/

## **Contact Us**

foundryprincegeorge@bc.ymca.ca 236-423-1571

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wear a mask or potentially engage by phone or video

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# 7	PRINC	E GE	DRGE	

THE WEEK GITT CHITCH Y						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Groups:  Beginning Monday July 7 <sup>th</sup> Dialectical Behaviour Therapy (Drop-In, 16+)) 4:00P.M5:00P.M.	Groups: Smart Recovery Family & Friends (Drop-In) 5:00P.M6:30P.M. @the Prince George Public Library	Groups: Work Out Group with Peer Supporter River (Registered) 1:00P.M3:00P.M.	Groups: Shade Trans Social Group (Drop-In, ages 18+) 7:00P.M9:00P.M. Contact accessiblecounselling services@gmail.com for more info	Groups:	Groups:	
How to access primary care at Foundry Prince George:  ✓ Offered on a first-come, first-serve basis on the same day of need. No pre-booking.  ✓ Due to high demand and a shortage of providers in the community, walk-in services at Foundry PG fills up very quickly. Those who present in person at 11:00am will be booked prior to taking phone calls.  ✓ If you have a cold or flu-like symptoms, you will be asked to			How to access Family/Caregiver Sup  ✓ Contact Foundry Prince George 236-423-1571 or email  kristie.north@bc.ymca.ca  How to access Youth Peer Support:  ✓ Contact Foundry or come down Foundry or YAP Monday-Friday			



## **How to access Housing Support:**

✓ Contact Ren (Lacey): 250-645-6090 or email lacey.anderson@bc.ymca.ca