

June 30th to July 05th, 2025

This week at Foundry



• F O U N D R Y •
PRINCE GEORGE

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|------------------------------|---|--|--|---|
| Walk-in Primary Care: 11:00A.M.-5:00P.M. | Closed for Canada Day | Walk-in Primary Care: 11:00A.M.-5:00P.M. | Walk-in Primary Care: 11:00A.M.-5:00P.M. | Walk-in Primary Care: 11:00A.M.-5:00P.M. | Walk-in Primary Care: <i>No walk-in primary care today</i> |
| Walk-in Counselling: 12:00P.M.-5:00P.M. <ul style="list-style-type: none"> Jane & Moira | | Walk-in Counselling: 12:00P.M.-5:00P.M. <ul style="list-style-type: none"> Vanessa & Kat | Walk-in Counselling: 12:00P.M.-5:00P.M. <ul style="list-style-type: none"> Moira & Kareen | Walk-in Counselling: 12:00P.M.-5:00P.M. <ul style="list-style-type: none"> Kat & Kareen | Walk-in Counselling: 12:00P.M.-5:00P.M. <i>No walk-in counselling today</i> |
| Primary care services at Foundry Prince George include Registered Nurse Sexual Health Prescriber, Nurse Practitioner, and/or Physician time slots. | | | | | |



Visit us

1148 7th Avenue, Prince George
foundrybc.ca/princegeorge/

Contact Us

foundryprincegeorge@bc.ymca.ca
236-423-1571

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|---|----------------|--|--|---|----------------|
| Groups: <u>Beginning Monday</u> <u>July 7th ...</u> Dialectical Behaviour Therapy (Drop-In, ages 16+) 4:00P.M.-5:00P.M. | Groups: | Groups: Work Out Group with Peer Supporter River (Registered) 1:00P.M.-3:00P.M. | Groups: <u>Beginning Thursday</u> <u>July 10th ...</u> Dialectical Behaviour Therapy for Caregivers (Drop-In) 5:00P.M.-6:00P.M. See website for more info | Groups: Movie Club with Peer Supporter Lake (Drop-In, ages 12-17) 5:00P.M.-8:00P.M. Theme: <i>Action & Adventure</i> | Groups: |
| How to access primary care at Foundry Prince George: <ul style="list-style-type: none"> ✓ Offered on a first-come, first-serve basis on the same day of need. No pre-booking. ✓ Due to high demand and a shortage of providers in the community, walk-in services at Foundry PG fills up very quickly. Those who present in person at 11:00am will be booked prior to taking phone calls. ✓ If you have a cold or flu-like symptoms, you will be asked to wear a mask or potentially engage by phone or video | | | How to access Family/Caregiver Support: <ul style="list-style-type: none"> ✓ Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca How to access Youth Peer Support: <ul style="list-style-type: none"> ✓ Contact Foundry or come down to Foundry or YAP Monday-Friday How to access Housing Support: <ul style="list-style-type: none"> ✓ Contact Ren (Lacey): 250-645-6090 or email lacey.anderson@bc.ymca.ca | | |

