May 05th to 10th, 2025 This week at Foundry

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: No walk-in primary care today
Walk-in Counselling: 12:00P.M5:00P.M. Jane & Moira Emily (by phone or video)	Walk-in Counselling: 12:00P.M5:00P.M. Jane & Moira Emily (by phone or video)	Walk-in Counselling: 12:00P.M5:00P.M. Vanessa Emily (by phone or video)	Walk-in Counselling: 12:00P.M5:00P.M. Vanessa, Moira & Sandy	Walk-in Counselling: 12:00P.M5:00P.M. ● Moira	Walk-in Counselling: No walk-in counselling today
=	at Foundry Prince George rescriber, Nurse Practitio	-		Visit us	S



1148 7th Avenue, Prince George foundrybc.ca/princegeorge/

Contact Us

foundryprincegeorge@bc.ymca.ca 236-423-1571

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This week at i duridity						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Groups: Dialectical Behaviour Therapy (Registered) 4:00P.M5:00P.M.	Groups:	Groups: Work Out Group with Peer Supporter River (Registered) 1:00P.M3:00P.M. Bereavement Support for Traumatic Loss (Registered) 6:00P.M8:00P.M. Contact pgbereavement@gmail. com for more info	Groups:	Groups:	Groups:	
 How to access primary care at Foundry Prince George: ✓ Offered on a first-come, first-serve basis on the same day of need. No pre-booking. ✓ Due to high demand and a shortage of providers in the community, walk-in services at Foundry PG fills up very 			How to access Family/Caregiver Suppor ✓ Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca How to access Youth Peer Support:			

- quickly. Those who present in person at 11:00am will be booked prior to taking phone calls.
- ✓ If you have a cold or flu-like symptoms, you will be asked to wear a mask or potentially engage by phone or video

✓ Contact Foundry or come down to Foundry or YAP Monday-Friday

How to access Housing Support:

✓ Contact Ren (Lacey): 250-645-6090 or email lacey.anderson@bc.ymca.ca

