

Walk-in, Single Session Counselling Using Solution-Focused Brief Therapy: Application to Practice

Formerly Part 2 (e-learning) Spring 2025

Nov 19, 20, 21 | Day 1 + 3: 8:30 am - 12:00 pm, Day 2: 8:30am - 4:30 pm (PST)

Registration Deadline: April 15th, 2025

This training builds on foundational knowledge covered in the Walk-in, Single Session Counselling Using Solution Focused Brief Therapy: Introduction e-learning course found in the IYS Learning Centre. This course (Application to Practice) is focused on skill development through practice. Clinicians will learn how to structure single-session counselling using SFBT through didactic learning, opportunity for skill simulations and live support from facilitators. This training is a requirement for all new Foundry service providers and partners who provide walk-in counselling services at their Foundry centre.

Course Objectives:

- Describe the Foundry walk-in, single session counselling model
- Explain the key elements of a single-session and solution-focused stance
- Apply a single-session structure to their work with youth and families/caregivers
- Recognize how to apply this model when working with diverse situations and people

Intended Audience

- Clinical staff and supervisors delivering walk-in and/or single session counselling
- Masters level clinical counselling students/interns
- Service Providers

Prerequisites

Completion of WiC-SFBT: Foundations (Part 1)

Questions? Reach out to us at learning@foundrybc.ca

Foundry would like to acknowledge, with much gratitude, that our work takes place on the many Indigenous territories across what is now known as BC, that have existed since time immemorial.

Hosted by

Foundry Central Office,
Education and Training Team

Facilitator(s)

Elise Durante, Kourtney
Brisbourne, Amy Satchman

Training Delivery

Held via Zoom.

Registration Process:

Log in to your [IYS Learning Centre](#) and register for the next upcoming session.

Please note that only those who are eligible to take the course will see it on their Homepage. Contact us if you have any issues.

