

March 24th to 29th, 2025

This week at Foundry



· F O U N D R Y ·
PRINCE GEORGE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Walk-in Primary Care: 11:00A.M.-5:00P.M. Walk-in Counselling: 12:00P.M.-5:00P.M. <ul style="list-style-type: none"> Jane & Moira Emily (by phone or video) 	Walk-in Primary Care: 11:00A.M.-5:00P.M. Walk-in Counselling: 12:00P.M.-5:00P.M. <ul style="list-style-type: none"> Jane & Moira Emily (by phone or video) 	Walk-in Primary Care: 11:00A.M.-5:00P.M. Walk-in Counselling: 12:00P.M.-5:00P.M. <ul style="list-style-type: none"> Vanessa Emily (by phone or video) 	Walk-in Primary Care: 11:00A.M.-5:00P.M. Walk-in Counselling: 12:00P.M.-5:00P.M. <ul style="list-style-type: none"> Sandy & Kareen 	Walk-in Primary Care: 11:00A.M.-5:00P.M. Walk-in Counselling: 12:00P.M.-5:00P.M. <ul style="list-style-type: none"> Moira & Kareen 	Walk-in Primary Care: <i>No walk-in primary care today</i> Walk-in Counselling: <i>No walk-in counselling today</i>

Primary care services at Foundry Prince George include Registered Nurse Sexual Health Prescriber, Nurse Practitioner, and/or Physician time slots.



Visit us

1148 7th Avenue, Prince George
foundrybc.ca/princegeorge/

Contact Us

foundryprincegeorge@bc.ymca.ca
236-423-1571

February 3rd to 8th

This week at Foundry



· F O U N D R Y ·
PRINCE GEORGE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Groups: Dialectical Behaviour Therapy (Registered) 4:00P.M.-5:00P.M.	Groups: Smart Recovery Family & Friends (Drop-In) 5:00P.M.-6:30P.M. @the Prince George Public Library	Groups: Work Out Group with Peer Supporter River (Registered) 1:00P.M.-3:00P.M.	Groups: Cultural Circle: <i>beading hoop earrings</i> (Drop-In) 1:00P.M.-4:00P.M. Shade Trans Social Group (Drop-In) 7:00P.M.-9:00P.M. Contact accessiblecounselling.services@gmail.com for more info	Groups:	Groups: Shade Trans Social Group (Drop-In) 1:00P.M.-3:00P.M. Contact accessiblecounselling.services@gmail.com for more info Archtypical Gaming (Drop-In) 4:00P.M.-6:00P.M.
How to access primary care at Foundry Prince George: <ul style="list-style-type: none"> ✓ Offered on a first-come, first-serve basis on the same day of need. No pre-booking. ✓ Due to high demand and a shortage of providers in the community, walk-in services at Foundry PG fills up very quickly. Those who present in person at 11:00am will be booked prior to taking phone calls. ✓ If you have a cold or flu-like symptoms, you will be asked to wear a mask or potentially engage by phone or video 				How to access Family/Caregiver Support: <ul style="list-style-type: none"> ✓ Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca How to access Youth Peer Support: <ul style="list-style-type: none"> ✓ Contact Foundry or come down to Foundry or YAP Monday-Friday How to access Housing Support: <ul style="list-style-type: none"> ✓ Contact Shane: 250-645-6090 or email shaneivy.montiadora@bc.ymca.ca 	

