

Emotion-Focused Family Therapy: Advanced

Core 2 Training Spring 2025

March 11, 12, 2025 | 9:00 am - 4:00 pm (2 full days)

Registration Deadline: Feb 28, 2025

(Seats remaining thereafter will be offered to additional Foundry clinical students/interns)

Emotion-Focused Family Therapy (EFFT): Advanced provides training in advanced clinical skills for Foundry service providers who work with families. This training is undertaken if and when providers are ready.

Course Objectives:

- Apply Caregiver Blocks using chair-work in practice
- Apply Clinician Blocks using chair-work in practice
- Implement therapeutic apologies

Intended Audience

With supervisor approval, this training is open to:

- Clinical counsellors who provide support to family/caregivers
- Family Peer Supporters

Given the clinical nature of the Advanced training, it is important that FPS feel supported in the expectations of how they implement the Advanced content.

Prerequisites

- Learners must have already completed EFFT Foundations (Core 1) Training
- This full 2-day foundational training is also part of the pre-requisites for the clinicians and Family Peer Supporters, who intend to become centre facilitators of the 2-day Caregiver Workshop and the Family-Led 3-hour Caregiver Workshop

Please note the following:

- Attendance of the full 2 days is required to receive a training certificate
- Re-attendance to this training is welcomed!

Questions? Reach out to us at learning@foundrybc.ca

Foundry would like to acknowledge, with much gratitude, that our work takes place on the many Indigenous territories across what is now known as BC, that have existed since time immemorial.

Hosted by

Foundry Central Office, Education and Training Team

Facilitator

Natasha Files, Mental Health Foundations

Training Delivery

Held via Zoom.

Registration Link:

Log in to your [IYS Learning Centre](#) and register for the next upcoming session.

Contact us if you have access issues.

**Foundry Central Office will host 2 or 3 EFFT Core 1 & 2 Trainings per year. Timing is dependent on Foundry network need and capacity.*

