

THE FOUNDRY FORECAST

January 06th to 11th, 2025

What's coming up this week at Foundry Prince George?

MONDAY 06	TUESDAY 07	WEDNESDAY 08	THURSDAY 09	FRIDAY 10
<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren
<p>2:30pm to 5:00pm <i>No Walk-in Doctor Today</i></p>	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Paul	<p>2:30pm to 5:00pm <i>No Walk-in Doctor Today</i></p>	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Kalen	<p>2:30pm to 5:00pm <i>No Walk-in Doctor Today</i></p>
<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Jane & MoiraEmily (by phone or video)	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Jane & MoiraEmily (by phone or video)	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">VanessaEmily (by phone or video)	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Vanessa, Sandy & Kareen	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Moira & Kareen
		<p>More information about our Groups can be found on the next page and @ foundrybc.ca/princegeorge</p>		

What's coming up this week at Foundry Prince George?

Monday January 06, 2025

Groups:

Tuesday January 07, 2025

Groups:

Wednesday January 08, 2025

Groups:

**Foundry Workout Group
(Registered)**

1:00pm to 3:00pm

@the PG Family YMCA

Contact river.harry@bc.ymca.ca for
registration and more info

Thursday January 09, 2025

Groups:

Friday January 10, 2025

Groups:

**Free Nasal Naloxone Training &
Pizza**

(Drop-In, all ages)

3:45pm-5:00pm

Eligibility:

a history of using substances
&/or are likely to witness/respond
to an overdose

Saturday January 11, 2025

Groups:

**Trans Social Group
(Drop-In)**

1:00pm-3:00pm

Contact

accessiblecounsellingservices@gmail.com
for more info

**Gaming & Pizza
(Drop-In)**

4:00pm-6:00pm

Contact

andrew.johnson@bc.ymca.ca for
registration and more info

How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- ✓ If you have cold or flu-like symptoms, you will be asked to wear a mask or potentially engage by phone or video.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is high so you are encouraged to contact us early in the day.