

Please note Foundry will not be offering walk-in doctor time on Mondays beginning September 09th, until further notice

THE FOUNDRY FORECAST

October 14th to 19th, 2024

What's coming up this week at Foundry Prince George?

MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
<p>CLOSED FOR THANKSGIVING</p>	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren <p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Paul <p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Jane & Moira	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren <p>2:30pm to 5:00pm <i>No Walk-in Doctor Today</i></p> <p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Vanessa <p>More information about our Groups can be found on the next page and @ foundrybc.ca/princegeorge</p>	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren <p>2:30pm to 5:00pm <i>No Walk-in Doctor Today</i></p> <p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Vanessa, Sandy & Kareen	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren <p>2:30pm to 5:00pm <i>No Walk-in Doctor Today</i></p> <p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Moira

What's coming up this week at Foundry Prince George?

Monday October 14, 2024

Tuesday October 15, 2024
Groups:
Meditation 8 Step Recovery
(Drop-In)
4:00pm to 5:00pm

Wednesday October 16, 2024
Groups:
Foundry Workout Group
(Registered)
1:00pm to 3:00pm
@the PG Family YMCA
 Contact river.harry@bc.ymca.ca for
 registration and more information

Thursday October 17, 2024
Groups:

Friday October 18, 2024
Groups:

Saturday October 19, 2024
Group:
Archetypical Gaming
(Registered)
4:00pm-6:00pm
 Contact
andrew.johnson@bc.ymca.ca for
 info or registration

How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- ✓ If you have cold or flu-like symptoms, you will be asked to wear a mask or potentially engage by phone or video.

Bereavement Support for
Traumatic Loss
(Registered)
6:00pm to 8:00pm
 Contact
pgbereavement@gmail.com for
 info or registration

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is high so you are encourage to contact us early in the day.

✓ How to access Family / Caregiver Support:

Contact Foundry Prince George: 236-423-1571 or email
kristie.north@bc.ymca.ca

✓ How to access Youth Peer Support:

Call Foundry at 236-423-1571 or come down to Foundry/YAP.
Peer Support available Monday to Friday, at YAP & Foundry

✓ How to access Housing Support and Outreach:

Call Ren (Lacey) at 250-645-6090 or email
lacey.anderson@bc.ymca.ca