

Please note Foundry will not be offering walk-in doctor time on Mondays beginning September 09th, until further notice

THE FOUNDRY FORECAST

September 30th to October 05th, 2024

What's coming up this week at Foundry Prince George?

MONDAY 30	TUESDAY 01	WEDNESDAY 02	THURSDAY 03	FRIDAY 04
<p>CLOSED FOR NATIONAL TRUTH AND RECONCILIATION DAY</p> <p>See you at the annual TRD Walk and Talk 10:00am at the Civic Centre</p>	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren <p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Paul <p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Jane & MoiraEmily (virtually or by phone)	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren <p>2:30pm to 5:00pm</p> <p>No Walk-in Doctor Today</p> <p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">VanessaEmily (virtually or by phone) <p>More information about our Groups can be found on the next page and @ foundrybc.ca/princegeorge</p>	<p>Primary Care: 11:00am to 5:00pm</p> <p>No Walk-in Nurse Today</p> <p>2:30pm to 5:00pm</p> <p>No Walk-in Doctor Today</p> <p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">VanessaEmily (virtually or by phone)	<p>Primary Care: 11:00am to 5:00pm</p> <p>No Walk-in Nurse Today</p> <p>2:30pm to 5:00pm</p> <p>No Walk-in Doctor Today</p> <p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Moira & KareenEmily (virtually or by phone)

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<p>Monday September 30, 2024</p>	<p>Tuesday October 01, 2024 Groups: Meditation 8 Step Recovery (Drop-In) 4:00pm to 5:00pm</p>	<p>Wednesday October 02, 2024 Groups: Foundry Workout Group (Registered) 1:00pm to 3:00pm @the PG Family YMCA Contact river.harry@bc.ymca.ca for registration and more information</p>	<p>Thursday October 03, 2024 Groups:</p>	<p>Friday October 04, 2024 Groups:</p>
<p>How to access a doctor at Foundry PG:</p> <ul style="list-style-type: none"> ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking. ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available. ✓ If you have <u>cold or flu-like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video. 		<p>All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is high so you are encourage to contact us early in the day.</p>	<p>✓ How to access Family / Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca</p> <p>✓ How to access Youth Peer Support: Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry</p> <p>✓ How to access Housing Support and Outreach: Call Ren (Lacey) at 250-645-6090 or email lacey.anderson@bc.ymca.ca</p>	<p>Saturday October 05, 2024 Group:</p>