

Foundry Emotion-Focused Family Therapy

Core 2 Training – Winter 2025

March 11 & 12, 2024 | 9:00 am – 4:00 pm PST (2 full days)

Follow this link to register: <https://learning.foundrybc.ca> (Click on "EFFT Core 2" to start)

Registration Deadline: February 28 , 2025

**Once the registration deadline has passed, if space remains, additional seats for students will be offered*

Core 2 training in EFFT provides training in advanced clinical skills for Foundry service providers who work with families. This training is undertaken IF and WHEN providers are ready. This full 2-day Core training is also part of the prerequisites for those who intend to become a facilitator (as lead or co-facilitator) of the 2-Day EFFT Caregiver Workshop.

Skill Development Includes

- Caregiver Blocks using Chair-work
- Clinician Blocks using Chair-work
- Therapeutic Apologies
- Conflictual Co-Parenting Information

Intended Audience

With supervisor approval, this training is open to:

- Foundry clinical counsellors and clinicians who work with families and caregivers
- Foundry Family Peer Supporters (FPS) who provide support to family/caregivers
- Clinical Supervisors

Prerequisites

- EFFT Core 1 Training
- Practiced and confident in skills learned in Core 1

Please note

Given the clinical nature of Core 2 skills, it is important that Family Peer Supporters feel supported in the expectations of how they implement this content.

Registration Process

Centre Leads, please forward this poster to your service providers who are supported to attend this training; they can self-register using the link above. A calendar invite and Zoom link will be sent out once staff are registered, using the email they provide.

Foundry would like to acknowledge, with much gratitude, that our work takes place on the many Indigenous territories across what is now known as BC, that have existed since time immemorial.

We recognize that these territories, and all of the lands across Turtle Island are home to First Nations, Métis and Inuit people. We recognize and respect Indigenous peoples as the stewards of this land and acknowledge the enduring relationship that exists between Indigenous peoples and the land and waters.

Questions? Reach out to us at learning@foundrybc.ca

Hosted by

Foundry Central Office,
Education and Training Team

Facilitator

Natasha Files,
Mental Health Foundations

Training Delivery

Held via Zoom.

**Foundry Central Office will host 2 EFFT Core 1 & 2 Trainings per year. Timing is dependent on Foundry network need and capacity.*

Please note the following:

- Clinicians and Family Peer Supporters **must meet the prerequisites** and should be ready to learn and **utilize advanced clinical skills** appropriately within the scope of their roles.
- Re-attendance to this training is welcome!
- Attendance of the full 2 days is required to receive a training certificate.



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