

# Foundry Emotion-Focused Family Therapy

## Core 1 Training Winter 2024

**December 3, 4, 5 2024 | 9:00 am - 4:00 pm PT (3 full days)**

**Registration Deadline: November 22, 2024**

(Seats remaining thereafter will be offered to additional Foundry clinical students/interns)

**Core 1 training in EFFT provides Foundry service providers, who work with families, with foundational skills for engaging families in the care of their youth. This full 3-day Core training is also part of the prerequisites for clinicians and Family Peer Supporters, who or those who intend to become a facilitator (as lead or co-facilitator) of the 2-Day EFFT Caregiver Workshop.**

### Skill Development Includes

- Foundations of Emotion Coaching
- Behavior Coaching
- Overview of Clinician Blocks (without chair work)
- Overview of Caregiver Blocks (without chair work)
- Case Conceptualization

### Intended Audience

**With supervisor approval, this training is open to:**

- Foundry clinical counsellors and clinicians who work with families and caregivers
- Foundry Family Peer Supporters
- Clinical Supervisors
- Foundry clinical students/interns who provide support to family/caregivers. 2 student/interns may attend per Foundry centre.

*\*Once the registration deadline has passed, if space remains, additional seats for students will be offered*

### Prerequisites

There are no prerequisites

### Please note the following:

- Attendance of the full 3 days is required to receive a training certificate
- Re-attendance to this training is welcomed!

### Hosted by

Foundry Central Office, Education and Training & Services Team

### Facilitator

Natasha Files, Mental Health Foundations

### Training Delivery

Held via Zoom. Please see next page for registration info

*\*Foundry Central Office will host 2 or 3 EFFT Core 1 & 2 Trainings per year. Timing is dependent on Foundry network need and capacity.*



## Registration Process

Centre Leads, please forward this poster to your service providers who are supported to attend this training; they can self-register using the link below. We will send out a calendar invite and Zoom link once your staff are registered, using the email they provide.

**Follow this link to register: <https://learning.foundrybc.ca>**  
**(Click on "EFFT Core 1" to start the process)**

**Questions? Reach out to us at [learning@foundrybc.ca](mailto:learning@foundrybc.ca)**

Foundry would like to acknowledge, with much gratitude, that our work takes place on the many Indigenous territories across what is now known as BC, that have existed since time immemorial.

We recognize that these territories, and all of the lands across Turtle Island are home to First Nations, Métis and Inuit people. We recognize and respect Indigenous peoples as the stewards of this land and acknowledge the enduring relationship that exists between Indigenous peoples and the land and waters.