

THE FOUNDRY FORECAST

August 19th to August 24th, 2024

What's coming up this week at Foundry Prince George?

MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren
<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Kalen	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Paul	<p>2:30pm to 5:00pm <i>No Walk-in Doctor Today</i></p>	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Kalen	<p>2:30pm to 5:00pm <i>No Walk-in Doctor Today</i></p>
<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">JaneEmily (virtually or by phone)	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Jane & TiffanyEmily (virtually or by phone)	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">TiffanyEmily (virtually or by phone)	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Sandy	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Tiffany
		<p>More information about our Groups can be found on the next page and @ foundrybc.ca/princegeorge</p>		

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<p>Monday August 19, 2024 Groups:</p> <p>Heartbeat (Registered) 6pm to 8:30pm Contact galletti@telus.net for more information</p>	<p>Tuesday August 20, 2024 Groups:</p> <p>8 Step Meditation Group (Drop-in) 4:00pm-5:00pm</p>	<p>Wednesday August 21, 2024 Groups:</p>	<p>Thursday August 22, 2024 Groups:</p>	<p>Friday August 23, 2024 Groups:</p>
<p>How to access a doctor at Foundry PG:</p> <ul style="list-style-type: none"> ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking. ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available. ✓ If you have <u>cold or flu-like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video. 	<p>All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is high so you are encourage to contact us early in the day.</p>	<p>✓ How to access Family / Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca</p> <p>✓ How to access Youth Peer Support: Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry</p> <p>✓ How to access Housing Support and Outreach: Call Shane at 250-645-6090 or email shaneivy.montadiora@bc.ymca.ca</p>		<p>Saturday August 24, 2024 Group:</p> <p>Trans Social Group (Drop-In) 1:00pm-3:00pm</p>