\*Please note that we will be experiencing a shortage of primary care (nurse and physician) from July 15<sup>th</sup> to August 08<sup>th</sup>, 2024\*

## THE FOUNDRY FORECAST 🔆

## August 05<sup>th</sup> to August 10<sup>th</sup>, 2024

What's coming up this week at Foundry Prince George?

| MONDAY 05         | <b>TUESDAY 06</b>       | WEDNESDAY 07   | THURSDAY 08             | FRIDAY 09               |
|-------------------|-------------------------|--|-------------------------|-------------------------|
|                   | Primary Care:           | Primary Care:  | Primary Care:           | Primary Care:           |
|                   | 11:00am to 5:00pm       | 11:00am to 5:00pm  | 11:00am to 5:00pm       | 11:00am to 5:00pm       |
|                   | • Nurse Lauren          | • Nurse Lauren   | • Nurse Lauren          | • Nurse Lauren          |
|                   | 2:30pm to 5:00pm        | 2:30pm to 5:00pm   | 2:30pm to 5:00pm        | 2:30pm to 5:00pm        |
|                   | No Walk-in Doctor Today | No Walk-in Doctor Today  | No Walk-in Doctor Today | No Walk-in Doctor Today |
| Closed for BC Day | Counselling:            | Counselling:   | Counselling:            | Counselling:            |
|                   | 12:00pm to 5:00pm       | 12:00pm to 5:00pm  | 12:00pm to 5:00pm       | 12:00pm to 5:00pm       |
|                   | Jane & Tiffany          | • Vanessa & Tiffany  | • Vanessa & Sandy       | Tiffany                 |
|                   |                         |  |                         |                         |
|                   |                         | More information about our<br>Groups can be found on the<br>next page and @<br>foundrybc.ca/princegeorge |                         |                         |

• F O U N D R Y PRINCE GEORGE





1148 7<sup>th</sup> Avenue, Prince George, BC V2L 5G6 foundry@bc.ymca.ca 236-423-1571 foundrybc.ca/princegeorge/

## What's coming up this week at Foundry Prince George?

| (Drop-in)<br>4:00pm-5:00pm       Saturday August 10, 2024<br>Group:         How to access a doctor at Foundry PG:       Saturday August 10, 2024<br>Group:         • Offered on a first come, first serve basis on the<br>same day of need. No pre-booking.       I conselling and primary care<br>services are offered on a first come,<br>doctors in our community, walk-in time with<br>Foundry doctors fills up very, very quickly. Please<br>call or visit Foundry doctors fills up very, very quickly. Please<br>call or visit Foundry doctors fills up very, very quickly. Please<br>call or visit foundry at 11am on the day of<br>secure one of our limited time slots available.         • If you have cold of fill-like symptoms, you will be<br>asked to wear a mask or potentially engage by<br>• phone or video.       All conselling and primary care<br>services are offered on a first come<br>this sorue are encourage to<br>contact us earry in the day.         • How to access Youth Peer Support:<br>Call Foundry at 236-423-1571 or come down to Foundry/YAP.<br>Peer Support and Outreach:<br>Call Shane at 250-645-6090 or email | Monday August 05, 2024<br>Groups:  | Tuesday August 06, 2024<br>Groups:<br>8 Step Meditation Group  | Wednesday August 07, 2024<br>Groups:  | Thursday August 08, 2024<br>Groups:   | Friday August 09, 2024<br>Groups:   |
|---|--|--|---|---|---|
| <u>snaneivy.montaaiora@bc.ymca.ca</u>   | How to access a doctor at F<br>✓ Offered on a first come<br>same day of need. No<br>✓ Due to very high dema<br>doctors in our commun<br>Foundry doctors fills u<br>call or visit Foundry at<br>secure one of our limit<br>✓ If you have <u>cold or flu-</u><br>asked to wear a mask of | 8 Step Meditation Group<br>(Drop-in)<br>4:00pm-5:00pm<br>oundry PG:<br>e, first serve basis on the<br>pre-booking.<br>and and a shortage of<br>nity, walk-in time with<br>p very, very quickly. Please<br>11am on the day of, to<br>ted time slots available.<br><u>like symptoms,</u> you will be | All counselling and primary care<br>services are offered on a first come<br>first serve basis for both telephone<br>and in-person visits. Demand is<br>high so you are encourage to | <ul> <li>How to access Famile<br/>Contact Foundry Prince Geore<br/>kristie.north@bc.ymca.ca</li> <li>How to access Youth<br/>Call Foundry at 236-423-1572<br/>Peer Support available Mone</li> <li>How to access Housi</li> </ul> | Saturday August 10, 2024<br>Group:<br>Trans Social Group<br>(Drop-In)<br>1:00pm-3:00pm<br>Disopm-3:00pm<br>Sigopm-6:30pm<br>Corregiver Support<br>ge: 236-423-1571 or email |



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