

MHSU CLINICIAN – FOUNDRY KELOWNA

CMHA Kelowna is seeking to hire two casual Mental Health & Substance Use (MHSU) Clinicians to join the Foundry Kelowna team. The casual role has no guaranteed hours per week, but a maximum 12 hours per week, should hours be available. Services within Foundry Kelowna are offered Monday to Friday, 9:00am to 5:00pm with extended hours until 7:00pm on Thursday evenings.

WHO IS A MENTAL HEALTH & SUBSTANCE USE CLINICIAN?

The Mental Health and Substance Use Clinician provides clinical counseling, assessment and care planning and support to young people that access Foundry Kelowna.

WHAT DOES THE MENTAL HEALTH & SUBSTANCE USE CLINICIAN DO?

RESPONSIBILITIES:

- The Mental Health and Substance Use Clinician uses a single session approach to support youth through the provision of Solution Focused Brief Therapy;
- The role facilitates access to appropriate services as indicated by assessment and care planning processes;
- Facilitates and/or co-facilitates therapeutic groups;
- Includes direct service to the youth and young adults as well as consultation;
- Support to other professionals, agencies and members of the community engaged in the young person's care;
- Working with the Manager Foundry Kelowna and Clinical Lead, the Clinician will also provide mentoring and support of other Foundry Kelowna team members and practicum students;
- Participate in relevant intake service improvement projects such as implementing a stepped care model;
- Performs other related duties as assigned.

QUALIFICATIONS & EXPERIENCE:

- Masters Degree in Social Work, Counselling Psych, or equivalent related Behavioural/Social Sciences/Services
- Criminal Record Check in the Vulnerable Sector is required;
- Experience with assessment and treatment of young people with mental health challenges;

- Knowledgeable skills in various counselling modalities;
- An ability to effectively problem solve and negotiate especially with young people in the early stages of seeking help;
- Demonstrated clinical skills in working with young people and their families/caregivers with mental health and substance use concerns in an early intervention framework;
- An understanding of the mental health, substance use and broader service system;
- Demonstrated experience in providing mental health assessments, psycho-education and short term interventions to young people experiencing mental health difficulties;
- Ability to apply harm reduction approaches to support youth and young adults;
- Experience in service improvement/development activities;
- Attention to detail;
- Written and verbal communication skills;
- Ability to adapt to changing environments and some ambiguity;
- Current First Aid certification and Naloxone training is considered an asset;

WHO IS CMHA KELOWNA?

At CMHA Kelowna, we are dedicated to Mental Health in our community. No matter how old or how young, we provide support for families and individuals through programs that promote positive mental health and support recovery, while championing the elimination of barriers that can prevent people from thriving. We are a dynamic, innovative and visionary organization. We are looking for someone who shares our vision of a mentally healthy Kelowna and are passionate about making a difference in our community by bringing their particular expertise to our organization. To learn more, check out our website at www.cmhakilowna.org

CMHA KELOWNA OFFERS YOU:

- A competitive hourly wage of \$37.58-\$43.22
- Vacation Pay
- Personal Health Days
- A workplace culture that fosters learning, transparency, trust, and teamwork

As an employer, CMHA Kelowna strives to create a workplace that respects and values all individuals, minimizes bias, and promotes the equity, diversity, and inclusion of different perspectives and ideas. At CMHA Kelowna that means welcoming diversity in mental health, race, ethnicity, and culture. It also means diverse abilities, age, religion, sexual orientation, socio-economic status, gender identities, education, marital status, language, and physical self-expression. These values are embedded in the work CMHA Kelowna does every day.

We appreciate and thank all applicants for their interest, however only short-listed candidates and those legally eligible to work in Canada will be contacted.