# Foundry Emotion-Focused Family Therapy

## Core 2 Training - Fall 2024

## September 17 & 18, 2024 | 9:00 am - 4:00 pm PST (2 full days)

Follow this link to register: https://learning.foundrybc.ca (Click on "EFFT Core 2" to start)

## Registration Deadline: September 10, 2024

\*Once the registration deadline has passed, if space remains, additional seats for students will be offered

Core 2 training in EFFT provides training in <u>advanced</u> clinical skills for Foundry service providers who work with families. This training is undertaken IF and WHEN providers are ready. This full 2-day Core training is also part of the prerequisites for those who intend to become a facilitator (as lead or cofacilitator) of the 2-Day EFFT Caregiver Workshop.

#### **Skill Development Includes**

- Caregiver Blocks using Chair-work
- Clinician Blocks using Chair-work
- Therapeutic Apologies
- Conflictual Co-Parenting Information

#### **Intended Audience**

#### With supervisor approval, this training is open to:

- Foundry clinical counsellors and clinicians who work with families and caregivers
- Foundry Family Peer Supporters (FPS) who provide support to family/caregivers
- Clinical Supervisors

#### **Prerequisites**

- EFFT Core 1 Training
- Practiced and confident in skills learned in Core 1

#### Please note

Given the clinical nature of Core 2 skills, it is important that Family Peer Supporters feel supported in the expectations of how they implement this content.

#### **Registration Process**

Centre Leads, please forward this poster to your service providers who are supported to attend this training; they can self-register using the link above. A calendar invite and Zoom link will be sent out once staff are registered, using the email they provide.

Foundry would like to acknowledge, with much gratitude, that our work takes place on the many Indigenous territories across what is now known as BC, that have existed since time immemorial.

We recognize that these territories, and all of the lands across Turtle Island are home to First Nations, Métis and Inuit people. We recognize and respect Indigenous peoples as the stewards of this land and acknowledge the enduring relationship that exists between Indigenous peoples and the land and waters.

### Questions? Reach out to us at <a href="mailto:learning@foundrybc.ca">learning@foundrybc.ca</a>

#### Hosted by

Foundry Central Office, Education and Training Team

#### **Facilitator**

Natasha Files, Mental Health Foundations

## **Training Delivery**

Held via Zoom.

\*Foundry Central Office will host 2 EFFT Core 1 & 2 Trainings per year. Timing is dependent on Foundry network need and capacity.

#### Please note the following:

- Clinicians and Family Peer Supporters
  must meet the prerequisites and
  should be ready to learn and utilize
  advanced clinical skills appropriately
  within the scope of their roles.
- Re-attendance to this training is welcome!
- Attendance of the full 2 days is required to receive a training certificate.

