



Join Us for Group Facilitation Skills Training 101!

Foundry is thrilled to invite you to participate in an online training opportunity!

This training is an opportunity for peer support workers and those in group facilitator roles to learn facilitation skills for leading Wellness Programs. Build your leadership toolkit, network, and collaborate with fellow peer support workers, and ultimately provide even better support to those you serve. There are two consecutive training sessions offered.

What: Group Facilitation Skills Training 101

Who: Peer Support Workers and Group Facilitators who lead Wellness Groups.

When: Session 1 online training via Zoom June 25 10-12 am OR June 27 1-3 pm.
Session 2 online training via Zoom July 16 10-12 am OR July 18 1-3 pm.

Facilitators: Jennifer Affolder, Wellness Coordinator; Erin Petrik, Leisure Access Facilitator

Why Attend?

You will gain skills in navigating group dynamics and conflict management, learn about the foundational skills of group leadership, build your leadership toolkit, and much more!

Other **key takeaways** include:

- Self-care for the group leader

- Understanding different leadership styles

- Cultivating a safe and inclusive group setting

The training will feature numerous practical exercises and collaboration opportunities with other peer support workers. Through this training, you will have the opportunity to discover and develop your unique gifts of leadership.

Register by email to Erin epetrik@foundrybc.ca by Friday, June 21. Zoom link will be sent out with confirmation of attendance. We look forward to learning with you!

