

# THE FOUNDRY FORECAST

June 10<sup>th</sup> to 15<sup>th</sup>, 2024

What's coming up this week at Foundry Prince George?

MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
<b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lauren	<b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lauren	<b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lauren	<b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lauren	<b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lauren
2:30pm to 5:00pm • Dr Kalen	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm • Dr Kalen	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>
<b>Counselling:</b> 12:00pm to 5:00pm • Jane	<b>Counselling:</b> 12:00pm to 5:00pm • Jane & Tiffany	<b>Counselling:</b> 12:00pm to 5:00pm • Vanessa & Tiffany	<b>Counselling:</b> 12:00pm to 5:00pm • Emily & Vanessa	<b>Counselling:</b> 12:00pm to 5:00pm • Emily & Tiffany
<b>Caregiver Support:</b> 12:00pm to 5:00pm <i>No Walk-In Parent Peer Support Today</i> Contact Family Smart at 1-855-887-8004 or <a href="mailto:info@familysmart.ca">info@familysmart.ca</a> for support	<b>Caregiver Support:</b> 11:00am to 3:30pm <i>No Walk-In Parent Peer Support Today</i> Contact Family Smart at 1-855-887-8004 or <a href="mailto:info@familysmart.ca">info@familysmart.ca</a> for support	<b>Caregiver Support:</b> 3:00pm to 5:00pm • Tammy	<b>Caregiver Support:</b> 11:00am to 5:00pm • Kristie	<b>Caregiver Support:</b> 11:00am to 5:00pm • Erin
		More information about our Groups can be found on the next page and @ <a href="https://foundrybc.ca/princegeorge">foundrybc.ca/princegeorge</a>		

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Monday June 10, 2024 Groups:	Tuesday June 11, 2024 Groups:	Wednesday June 12, 2024 Groups:	Thursday June 13, 2024 Groups:	Friday June 14, 2024 Groups:
<p><b>Dialectical Behavioural Therapy (Drop-In)</b> 4:00pm to 5:30pm</p> <p><b>Heartbeat (Registered)</b> 6pm to 8:30pm Contact <a href="mailto:galletti@telus.net">galletti@telus.net</a> for more information</p> <p><b>How to access a doctor at Foundry PG:</b></p> <ul style="list-style-type: none"> <li>✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.</li> <li>✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.</li> <li>✓ If you have <u>cold or flu-like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video.</li> </ul>		<p><b>The Art of Coping (Drop-in)</b> 1pm to 3pm</p> <p>All counselling and primary care services are offered on a first serve basis for both telephone and in-person visits. Demand is high so you are encourage to contact us early in the day.</p>	<p><b>Saturday Groups:</b> Trans Social Group <i>Next group Sat June 22<sup>nd</sup></i> 1:00pm to 3:00pm</p> <p>✓ <b>How to access Family / Caregiver Support:</b> Contact Foundry Prince George: 236-423-1571 or email <a href="mailto:kristie.north@bc.ymca.ca">kristie.north@bc.ymca.ca</a> , <a href="mailto:tammy.tetreau@familysmart.ca">tammy.tetreau@familysmart.ca</a> or <a href="mailto:erin.petrusic@familysmart.ca">erin.petrusic@familysmart.ca</a></p> <p>✓ <b>How to access Youth Peer Support:</b> Call Foundry at 236-423-1571 or come down to Foundry/YAP. <b>Peer Support available Monday to Friday, at YAP &amp; Foundry</b></p> <p>✓ <b>How to access Housing Support and Outreach:</b> Call Jenna King at 250-645-6090 or email <a href="mailto:jenna.king@bc.ymca.ca">jenna.king@bc.ymca.ca</a></p>	