

July 01st to 07th, 2024

What's coming up this week at Foundry Prince George?

MONDAY 01	TUESDAY 02	WEDNESDAY 03	THURSDAY 04	FRIDAY 05
	Primary Care: 11:00am to 5:00pm Nurse Lauren	Primary Care: 11:00am to 5:00pm Nurse Lauren	Primary Care: 11:00am to 5:00pm • Nurse Lauren	Primary Care: 11:00am to 5:00pm Nurse Lauren
	2:30pm to 5:00pm • Dr Paul	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm • Dr Kalen	2:30pm to 5:00pm No Walk-in Doctor Today
Closed for Canada Day	Counselling: 12:00pm to 5:00pm	Counselling: 12:00pm to 5:00pm	Counselling: 12:00pm to 5:00pm	Counselling: 12:00pm to 5:00pm
	• Jane & Tiffany	Vanessa & Tiffany	• Emily & Vanessa	• Emily & Tiffany
		More information about our Groups can be found on the next page and @ foundrybc.ca/princegeorge		







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Monday July 01, 2024 Groups:

Tuesday June 02, 2024 Groups:

Meditation 8 Step Recovery (Drop-In) 4:00pm to 5:00pm Wednesday June 03, 2024 Groups:

Thursday June 04, 2024 Groups:

Friday June 05, 2024 Groups:

Saturday July 06, 2024
For those in Grade 7-12, come join us at the Rollerdome from 6pm-10pm for the Youth Pride

Rollerama

How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- ✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by
- ✓ phone or video.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is high so you are encourage to contact us early in the day.

Sunday July 07, 2024
See you at the Pride Picnic at
LTM Park on Sunday July 7th,

3pm-8pm.

✓ How to access Family / Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.vmcq.cq

✓ How to access Youth Peer Support:
 Call Foundry at 236-423-1571 or come down to Foundry/YAP.
 Peer Support available Monday to Friday, at YAP & Foundry

✓ How to access Housing Support and Outreach: Call Shane at 250-645-6090 or email shaneivy.montiadora@bc.ymca.ca





