

# • F O U N D R Y •

WHERE WELLNESS TAKES SHAPE

*April 10<sup>th</sup>, 2024*

## *Foundry Surrey Update*

This newsletter is emailed to members of the Foundry Surrey community and Leadership Tables including the Executive Leadership Table, Community Leadership Table, Operations Working Group, Service Stream Working Groups, Youth Engagement Leadership Table (YELT) and the Family Engagement Leadership Table (FELT) to keep our community up to date as we work together in planning and developing Foundry Surrey.

### Overview

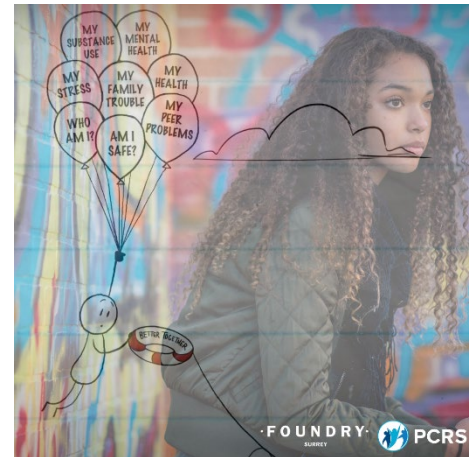
#### 10 New Foundry Centres Coming Soon!

- On **March 4<sup>th</sup>**, Foundry BC, the Ministry of Mental Health and Addictions, and the Ministry of Education and Child Care announced that **10 new Foundry centres** would be established across BC! Foundry Surrey was proud to host this important announcement at our site and to be part of this growing network of centres to support youth and families in accessing health and wellness services. For more information, check out: <https://news.gov.bc.ca/releases/2024MMHA0009-000280>.



## Philanthropy

- Foundry Surrey is appreciative of all the great engagement and donations we have received over the past several months for our capital campaign! We are continuing to connect with foundations, developers, and grants in community to help us open our doors to youth and families this year.
- We recently received a donation from the **Surrey Firefighters Association**, which does a lot of amazing community work in Surrey. We are thrilled to be collaborating with them as **we are better together** with the support of community.
- Foundry Surrey is ecstatic to announce that we have been chosen as one of 60 organizations across the province to receive proceeds from the **Tim Horton's Smile Cookie Campaign**! We will be receiving proceeds from **5 Tim Hortons locations** in Surrey to help us build our centre. **If you or your organization would like to support us by ordering cookies in bulk, please reach out to Debora at [danthonypillai@pcrs.ca](mailto:danthonypillai@pcrs.ca).**



**NEW! From April 29 - May 5, all proceeds from smile cookie sales in five locations across Surrey will be donated to Foundry Surrey!**



- **Visit our hub to learn more about how to support and share it in your circles: <https://www.powherhouse.com/foundry-surrey/>**

## Partnership and Leadership Tables

### Working Groups

- In the last few months, Foundry Surrey has been researching which **Electronic Medical Record (EMR)** system would best fit the centre and meet community needs. On April 5<sup>th</sup>, various EMR vendors presented on their systems to Foundry Surrey staff and some of our amazing community partners to help inform this essential decision. The great EMR



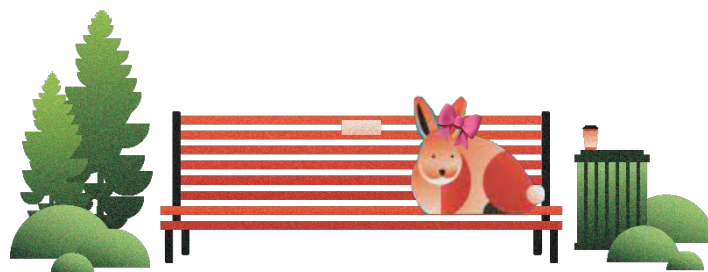
research project of 2024 is nearing its end, and we are super grateful to everyone from EMR vendors, other Foundry centre staff, and community partners for all their insights.

- The **Operations Working Group** met on **February 21<sup>st</sup>** to discuss how our group of community partners will effectively integrate services into cohesive sets of streams that fill community gaps. It was truly inspiring to see so many passionate advocates for youth health and wellness gathered in one space, and to hear their valuable ideas. We can't wait for the next meeting in April!
- While the **Primary Care Working Group** and **Mental Health and Substance Use Working Group** have taken a brief break from meetings, the **Social Services Working Group** and **Peer Support Working Group** have continued to meet frequently. Over the last few weeks, we have had the pleasure of meeting 1:1 with community partners from these groups to discuss in-kind services at Foundry Surrey. We are appreciative of all the support we have received and continue to be impressed by the dedication local organizations have towards establishing Foundry Surrey.



### Youth Engagement Leadership Table (YELT) & Family Engagement Leadership Table (FELT)

- The Youth Engagement Leadership Table (YELT) and Family Engagement Leadership Table (FELT) are continuing to guide Foundry Surrey's development by meeting monthly, spreading awareness of Foundry services, sharing insights at community partner meetings, and more!
- Recently the YELT has expanded to invite 4 more members to the table! We are very grateful to these new individuals as well as all of the YELT members and FELT members for representing youth and family voices in community.





- From January to March, the YELT and FELT have been committed to increasing Foundry Surrey's social media following. As followers engage more with content that feature Foundry Surrey staff, YELT members, and FELT members, we've started to share photos of us out in community! Check out our top content in the last few months:



For more amazing content, follow Foundry Surrey's [Instagram](#) and [Facebook](#) channels!

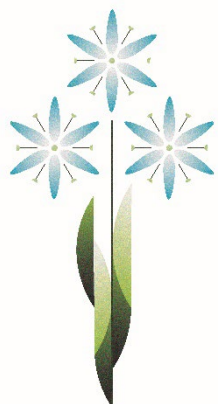
## Peer & Community Engagement and Communications

- Foundry Surrey is continuing to spread word about our upcoming centre as well as Foundry services that are available to youth and families right now! In February and March, we attended the following events to connect with community and grow awareness of Foundry:

- **Surrey Schools Mental Wellness Day on February 8<sup>th</sup>**
- **Education Services School Wellness Day on March 7<sup>th</sup>**
- **Clayton Heights Secondary Grade 8 Parents Info Session on March 12<sup>th</sup>**
- **Surrey Steps Up on March 15<sup>th</sup>**



- We have also been providing presentations on Foundry services and Foundry Surrey to various demographics:



- On **February 29<sup>th</sup>**, we presented on mental health and how Foundry can support youth and families to four Grade 8 classes at **Princess Margaret Secondary School**. We were joined by two fabulous YELT members, Val and Evy, who helped us connect with students and give out fun swag!
- On **April 2<sup>nd</sup>**, we provided a presentation to **Kwantlen Polytechnic University** counsellors on the upcoming Foundry Surrey centre. We look forward to working together to support KPU students in their health and wellness!



- If you would like Foundry Surrey to provide a presentation or attend an event you are planning, please reach out to Debora at [danthonypillai@pcrs.ca](mailto:danthonypillai@pcrs.ca)!

## Foundry Network

- As Foundry Surrey comes closer and closer to opening, we have been visiting operating Foundry centres to learn more about their unique sites and services. In February, we checked out **Foundry Ridge Meadows** and **Foundry Richmond** where we received so guidance and inspiration for our development. A huge thank you to the staff for graciously providing us with a tour and answering all our questions. Check out these beautiful centres below:



Foundry  
Ridge  
Meadows



Foundry  
Richmond

[www.foundrybc.ca](http://www.foundrybc.ca)

[www.foundrybc.ca/surrey](http://www.foundrybc.ca/surrey)

April 10<sup>th</sup>, 2024



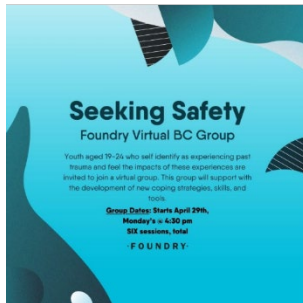
## Summary, Timeline and Next Steps

### Did You Know?

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| Site   | Continuing full steam ahead!                       |
| Community Presentations                      | Continuous   |
| Executive Leadership Table                   | Meeting TBD  |
| Community Leadership Table                   | Quarterly meetings; next on April 25, 2024         |
| Operational Working Group                    | Meetings every eight weeks; next on April 10, 2024 |
| Primary Care Working Group                   | Meetings paused                                    |
| Mental Health & Substance Use Working Group  | Biweekly meetings; next on April 16, 2024          |
| Social Services & Peer Support Working Group | Triweekly meetings; next meeting on April 17, 2024 |
| Youth Focus Group                            | TBD  |
| Family Focus Group                           | TBD  |
| Youth Engagement Leadership Table            | May 1, 2024  |
| Family Engagement Leadership Table           | April 11, 2024                                     |
| Philanthropy                                 | Capital Campaign in progress                       |

- Did you know that the Foundry website has an abundance of information and tools for mental health, substance use, healthy living, everyday life, and tough topics? Learn how to recognize and respond to an overdose, find coping strategies for anxiety, and more at <https://foundrybc.ca/>.
  - Also make sure to check out Foundry's engaging stories and articles on recent events and common youth concerns!
- Did you know that Foundry Virtual has groups and workshops that you can attend online right now?
  - Find more groups and workshops and register for them through the following link: <https://foundrybc.ca/virtual/groups-workshops/>

## NEW Groups and Workshops



### SEEKING SAFETY

- This virtual educational group is for youth who self-identify as having experienced trauma and would like to expand their toolkit with new coping strategies and resources for their healing journey.
- For youth ages 19-24.
- **Runs virtually starting from April 29<sup>th</sup> at 4:30pm, every Monday for six sessions.**



### EFFT CAREGIVERS WORKSHOP

- Workshops for caregivers looking to build skills and tools to support loved ones struggling with their mental health and/or wellness.
- For BC caregivers who are supporting a young person between the ages of 12-24.
- **Runs virtually at different dates and times, next 2-day workshop is on May 4<sup>th</sup> and 11<sup>th</sup> from 9am-4pm.**



### CAREGIVERS SUPPORT

- A drop-in group for BC caregivers to connect with other caregivers in a safe, inclusive, and confidential space. This group is facilitated by two caregivers with lived experience supporting youth with various mental health and substance use challenges. Topics discussed each group will vary.
- For BC caregivers who are supporting a young person between the ages of 12-24.
- **Runs virtually on Wednesdays biweekly from 7:30-9:00pm, next one on April 17<sup>th</sup>.**

## Actions

- **Support Foundry Surrey's Capital Campaign!** → Check out [Foundry Surrey's "Better Together" Hub](#) to learn more about Foundry Surrey, our capital campaign, and how you can get involved!
- **Engage with Us!** → complete and share these surveys with the youth, family members, and caregivers you know in Surrey!
  - [YOUTH ENGAGEMENT INTEREST SURVEY](#) or [FAMILY MEMBER/CAREGIVER ENGAGEMENT INTEREST SURVEY.](#)
- **Foundry Surrey Video** → Share our Foundry Surrey video now live on [YouTube!](#)
- **Social Media** → Follow us on [Facebook](#) and [Instagram!](#)



- **Foundry BC Virtual** → [Download the Foundry App](#) or [visit Foundry Virtual online](#) to explore virtual services available to community now.
- **Community Feedback Survey** → complete and share [this survey](#) with your networks!
- **Community Engagement** → if you would like us to present or booth, please contact Debora!
- **Community Tables** → if you know of others who would like to be a part of our community tables, please contact either Karen or Debora!
- **Cheerlead** → let's keep talking about all the possibilities of what Foundry Surrey can be to support youth and their families!

## Contact



|  |  |
|--|--|
| <b>Steve Atkinson</b><br>Chief Executive Officer, PCRS<br><a href="mailto:satkinson@pcrs.ca">satkinson@pcrs.ca</a><br>(604) 507-7770 | <b>Jen Lowrey</b><br>Director, Foundry Surrey, PCRS<br><a href="mailto:jlowrey@pcrs.ca">jlowrey@pcrs.ca</a><br>(604) 813-1250                      |
| <b>Karen Taylor</b><br>Team Lead, PCRS<br><a href="mailto:ktaylor@pcrs.ca">ktaylor@pcrs.ca</a><br>(236) 889-6481                     | <b>Debora Anthonypillai</b><br>Community Coordinator, PCRS<br><a href="mailto:danthonypillai@pcrs.ca">danthonypillai@pcrs.ca</a><br>(236) 886-3539 |
| <b>General Inquiries</b><br><a href="mailto:foundrysurrey@pcrs.ca">foundrysurrey@pcrs.ca</a>   |  |

## YOUNG PEOPLE WITH A VOICE IN THEIR HEALTH

*A safe and inclusive place where young people and families find flexible, accessible, non-judgemental support and care to meet their needs.*



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Operated by:

