

Please note that we will have limited counselling available this week as we host visiting psychiatry from out of region

THE FOUNDRY FORECAST

May 06th to 11th, 2024

What's coming up this week at Foundry Prince George?

MONDAY 06	TUESDAY 07	WEDNESDAY 08	THURSDAY 09	FRIDAY 10
<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none"> Nurse Lauren 	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none"> Nurse Lauren 	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none"> Nurse Lauren 	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none"> Nurse Lauren 	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none"> Nurse Lauren
<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> Dr Kalen 	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> Dr Paul 	<p>2:30pm to 5:00pm</p> <p><i>No Walk-in Doctor Today</i></p>	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> Dr Kalen 	<p>2:30pm to 5:00pm</p> <p><i>No Walk-in Doctor Today</i></p>
<p>Counselling: 12:00pm to 5:00pm</p> <p>*Limited virtual counselling today as we host visiting psychiatry from out of region</p>	<p>Counselling: 12:00pm to 5:00pm</p> <p>*Limited virtual counselling today as we host visiting psychiatry from out of region</p>	<p>Counselling: 12:00pm to 5:00pm</p> <p>*Limited virtual counselling today as we host visiting psychiatry from out of region</p>	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> Emily, Vanessa & Sandy 	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> Emily & Tiffany
<p>Caregiver Support: 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> Tammy 	<p>Caregiver Support: 11:00am to 3:30pm</p> <ul style="list-style-type: none"> Tammy 	<p>Caregiver Support: 12:00pm to 4:30pm</p> <ul style="list-style-type: none"> Tammy 	<p>Caregiver Support: 11:00am to 5:00pm</p> <ul style="list-style-type: none"> Kristie 	<p>Caregiver Support: 11:00am to 5:00pm</p> <ul style="list-style-type: none"> Erin
		<p>More information about our Groups can be found on the next page and @foundrybc.ca/princegeorge</p>		

What's coming up this week at Foundry Prince George?

Monday May 06, 2024	Tuesday May 07, 2024	Wednesday May 08, 2024	Thursday May 09, 2024	Friday May 10, 2024
<p>Groups: Dialectical Behavioural Therapy (Drop-In) Being offered for the summer of 2024. First date <i>May 13, 2024.</i></p>	<p>Groups: Meditation 8 Step Recovery (Drop-In) 4:00pm to 5:00pm</p>	<p>Groups: Bereavement Support for Traumatic Loss (Registered) 5:30pm to 7:00pm Contact pgbereavement@gmail.com for registration or more information</p>	<p>Groups: Circle of Security (Registered) 11:00am to 1:00pm Contact kristie.north@bc.ymca.ca for registration or more information</p>	<p>Groups:</p>
<p>How to access a doctor at Foundry PG:</p> <ul style="list-style-type: none"> ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking. ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available. ✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video. 				
<p>How to access Family / Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca , tammy.tetreau@familysmart.ca or erin.petrusic@familysmart.ca</p>				
<p>How to access Youth Peer Support: Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry</p>				
<p>How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email jenna.king@bc.ymca.ca</p>				

Please note that we will have limited counselling available this week as we host visiting psychiatry from out of region

• F O U N D R Y •
PRINCE GEORGE



YMCA
BC



1148 7th Avenue, Prince George, BC V2L 5G6
foundry@bc.ymca.ca 236-423-1571
foundrybc.ca/princegeorge/