THE FOUNDRY FORECAST :

April 08th to 13th, 2024

What's coming up this week at Foundry Prince George?

MONDAY 08	TUESDAY 09	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Primary Care: 11:00am to 5:00pm Nurses Lauren & Darlene	Primary Care: 11:00am to 5:00pm • Nurses Lauren & Darlene	Primary Care: 11:00am to 5:00pm • Nurse Lauren	Primary Care: 11:00am to 5:00pm • Nurses Lauren & Darlene	Primary Care: 11:00am to 5:00pm • Nurse Lauren
2:30pm to 5:00pm • Dr Kalen	2:30pm to 5:00pm • Dr Paul	2:30pm to 5:00pm No Walk-in Doctor Today	2:30pm to 5:00pm • Dr Kalen	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>
Counselling:	Counselling:	Counselling:	Counselling:	Counselling
12:00pm to 5:00pm • Jane & Carly	12:00pm to 5:00pm • Jane, Tiffany & Carly	12:00pm to 5:00pm • Vanessa, Carly & Tiffany	12:00pm to 5:00pm No Walk-in Counselling Today	12:00pm to 5:00pm Tiffany
Caregiver Support: 12:00pm to 5:00pm Tammy	Caregiver Support: 1:00pm to 4:30pm Tammy	Caregiver Support: 12:00pm to 4:30pm Tammy	Caregiver Support: 11:00am to 5:00pm • Kristie	Caregiver Support: 11:00am to 5:00pm No Walk-In Parent Peer
		More information about our Groups can be found on the next page and @foundrybc.ca/princegeorge		Support Today Contact Family Smart at 1-855-887-8004 or info@familysmart.ca for support







What's coming up this week at Foundry Prince George?

Monday April 08, 2024

Groups:
Foundry Otters Swim Club
(Registered)
1pm to 3pm
Information and registration @
foundrybc.ca/princegeorge

Therapy
(Registered)
4pm to 5:30pm
Contact foundry@bc.ymca.ca for registration or more information

Tuesday April 09, 2024

Groups:
Smart Recovery
Family & Friends
(Drop-In)
5pm to 6:30pm @ PG
Public Library

Wednesday April 10, 2024

Groups: The Art of Coping (Drop-in) 1pm to 3pm

Bereavement Support for Traumatic Loss (Registered)

5:30-7:00pm Contact

pgbereavement@gmail.com for registration or more information

✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
 ✓ Due to very high demand and a shortage of

How to access a doctor at Foundry PG:

- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- ✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video.

Thursday April 11, 2024

Groups:
Circle of Security
(Registered)
11:00am- 1:00pm
Contact kristie.north@bc.ymca.ca
for registration or more

information

Friday April 12, 2024

Groups:

Saturday April 13, 2024
Trans Social Group
(Drop-in)
1pm-3pm

✓ How to access Parent/ Caregiver Support:
Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca or tammy.tetreau@familysmart.ca

✓ How to access Youth Peer Support:
 Call Foundry at 236-423-1571 or come down to Foundry/YAP.
 Peer Support available Monday to Friday, at YAP & Foundry

✓ How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email <u>jenna.king@bc.ymca.ca</u>

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is high so you are encourage to contact us early in the day.

*As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning

October 3rd, 2023*





