

# Foundry Emotion-Focused Family Therapy

Core 1 Training Spring 2024

June 11, 12, & 13, 2024 | 9:00 am - 4:00 pm (3 full days)

Follow this link to register: <https://learning.foundrybc.ca/> (click on EFFT Core 1 to start)

Registration Deadline: June 4, 2024

*(Seats remaining thereafter will be offered to additional Foundry clinical students/interns)*

**Core 1 training in EFFT provides Foundry service providers, working with families, the foundational skills for engaging them in the care of their youth/loved ones. This full 3-day Core training is part of the prerequisite for clinicians, Family Peer Supporters, and those who or intend to become a lead or co-facilitator of the 2-Day EFFT Caregiver Workshop.**

## Topics Include

- Foundations of Emotion Coaching
- Behaviour Coaching
- Overview of Clinician Blocks (without chair work)
- Overview of Caregiver Blocks (without chair work)
- Case Conceptualization

## Intended Audience

With supervisor approval, this training is open to:

- Foundry clinical counsellors and clinicians working with families/caregivers
- Foundry Family Peer Supporters
- Clinical Supervisors
- Foundry clinical students/interns providing support to families/caregivers.
  - 2 student/interns may attend per Foundry centre.

## Prerequisites

There are no prerequisites.

## Please note the following:

- Attendance of the full 3 days is required to receive a training certificate.
- Re-attendance to this training is welcomed!

Hosted by  
Foundry Central Office,  
Education and Training Team

Facilitator  
Natasha Files,  
Mental Health Foundations

Training Delivery  
Held via Zoom.

*\* Foundry Central Office will host 2 EFFT Core 1 & 2 Trainings per year. Timing is dependent on Foundry network need and capacity.*



## Registration Process

Centre Leads, please forward this poster to your service providers who are supported to attend this training; they can self-register using the link above. We will send out a calendar invite and Zoom link once your staff are registered, using the email they provide.

Questions? Reach out to us at [learning@foundrybc.ca](mailto:learning@foundrybc.ca)

Foundry would like to acknowledge, with much gratitude, that our work takes place on the many Indigenous territories across what is now known as BC, that have existed since time immemorial.

We recognize that these territories, and all the lands across Turtle Island are home to First Nations, Métis and Inuit people. We recognize and respect Indigenous peoples as the stewards of this land and acknowledge the enduring relationship that exists between Indigenous peoples and the land and waters.