

* As per direction from the Provincial Health Officer, masks are required at Foundry Centres*

THE FOUNDRY FORECAST

February 26 to March 02, 2024

What's coming up this week at Foundry Prince George?

MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 01
<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Nurse Lauren
<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Kalen	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Paul	<p>2:30pm to 5:00pm</p> <p><i>No Walk-in Doctor Today</i></p>	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Kalen	<p>2:30pm to 5:00pm</p> <p><i>No Walk-in Doctor Today</i></p>
<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Emily, Jane & Carly	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Jane, Tiffany & Carly	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Vanessa, Carly & Tiffany	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Vanessa & Emily	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Emily & Tiffany
<p>Caregiver Support: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Tammy	<p>Caregiver Support: 1:00pm to 4:30pm</p> <ul style="list-style-type: none">Tammy	<p>Caregiver Support: 12:00pm to 4:30pm</p> <ul style="list-style-type: none">Tammy	<p>Caregiver Support: 11:00am to 5:00pm</p> <ul style="list-style-type: none">Kristie	<p>Caregiver Support: 11:00am to 5:00pm</p> <p><i>No Walk-In Parent Peer Support Today</i></p> <p>Contact Family Smart at 1-855-887-8004 or info@familysmart.ca for support</p>
		<p>More information about our Groups can be found on the next page and @foundrybc.ca/princegeorge</p>		

What's coming up this week at Foundry Prince George?

Monday February 26, 2024	Tuesday February 27, 2024	Wednesday February 28, 2024	Thursday February 29, 2024	Friday March 01, 2024
<p>Groups: EFFT Caregiver Workshop (Registered) 9am to 3pm</p> <p>Dialectical Behaviour Therapy (Registered) 4pm to 5:30pm Contact foundation@bc.ymca.ca for registration or more information</p>	<p>Groups: EFFT Caregiver Workshop (Registered) 9am to 3pm</p> <p>Smart Recovery Family & Friends (Drop-In) 5pm to 6:30pm @ PG Public Library</p>	<p>Groups: The Art of Coping (Drop-in) 1pm to 3pm</p> <p>All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is high so you are encourage to contact us early in the day.</p>		<p><i>Saturday March 02, 2024</i></p> <p>✓ How to access Parent/ Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca or tammy.tetreau@familysmart.ca</p> <p>✓ How to access Youth Peer Support: Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry</p> <p>✓ How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email jenna.king@bc.ymca.ca</p>

How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- ✓ If you have cold or flu like symptoms, you will be asked to wear a mask or potentially engage by phone or video.

As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning October 3rd, 2023