* As per direction from the Provincial Health Officer, masks are required at Foundry Centres*

February 19th to 24th, 2024

What's coming up this week at Foundry Prince George?

MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
	Primary Care: 11:00am to 5:00pm • Nurse Lauren	Primary Care: 11:00am to 5:00pm • Nurse Lauren	Primary Care: 11:00am to 5:00pm • Nurse Lauren	Primary Care: 11:00am to 5:00pm No Walk-in Nurse Today
	2:30pm to 5:00pm • Dr Paul	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm • Dr Kalen	2:30pm to 5:00pm No Walk-in Doctor Today
Closed for Family Day	Counselling: 12:00pm to 5:00pm • Jane	Counselling: 12:00pm to 5:00pm • Vanessa & Tiffany	Counselling: 12:00pm to 5:00pm • Vanessa, Emily & Sandy	Counselling: 12:00pm to 5:00pm Emily & Tiffany
	Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:
	11:00am to 3:30pm • Tammy	12:00pm to 4:30pm • Tammy More information about our Groups can be found on the next page and @foundrybc.ca/princegeorge	11:00am to 5:00pm • Kristie	11:00am to 5:00pm No Walk-In Parent Peer Support Today Contact Family Smart at 1-855-887-8004 or info@familysmart.ca for support

• F O U N D R Y• PRINCE GEORGE





148 7th Avenue, Prince George, BC V2L 5G6 <u>foundry@bc.ymca.ca</u> 236-423-1571 foundrybc.ca/princegeorge/

What's coming up this week at Foundry Prince George?

Nonday February 19, 2024	Tuesday February 20, 2024	Wednesday February 21, 2024	Thursday February 22, 2024	Friday February 23, 2024
No groups today due to Family Day	Groups: Crafting Quilting Squares with Peer Support (Drop-In) 3pm to 5pm	Groups: Craft Night for Parent/Caregivers (Drop-In) 6:30pm to 7:30pm @ Van Bien School (311 Wilson Cres), Rm 122 Contact	Groups: Adulting 101: Nutrients & Groceries (with Peer Support) (Drop-In) 11am to 4pm	
	8 Step Recovery (Drop-In) 5pm to 6:15pm	tammy.tetreau@familysmart.ca for more information		Saturday February 24, 2024 Groups: Trans Social Group (Drop-In)
How to access a doctor at F	•			1:00-3:00pm
 Offered on a first come, first serve basis on the same day of need. No pre-booking. Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available. If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video. 		All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is high so you are encourage to contact us early in the day.	 How to access Parent/ Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email <u>kristie.north@bc.ymca.ca</u> or <u>tammy.tetreau@familysmart.ca</u> How to access Youth Peer Support: Call Foundry at 236-423-1571 or come down to Foundry/YA Peer Support available Monday to Friday, at YAP & Found 	
			✓ How to access Hous Call Jenna King at 250-645-6 jenna.king@bc.ymca.ca	ing Support and Outreach: 090 or email
As per direction from	the Provincial Health Officer, n	nasks are required at health car October 3 rd , 2023	e facilities including Foundry P	rince George beginning

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BC

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