THE FOUNDRY FORECAST ::-

February 12th to 16th, 2024

What's coming up this week at Foundry Prince George?

MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
Primary Care: 11:00am to 5:00pm Nurse Lauren	Primary Care: 11:00am to 5:00pm No Walk-in Nurse Today	Primary Care: 11:00am to 12:00pm & 3:30pm to 5:00pm • Nurse Lauren	Primary Care: 11:00am to 5:00pm Nurse Lauren	Primary Care: 11:00am to 5:00pm No Walk-in Nurse Today
2:30pm to 5:00pm	2:30pm to 5:00pm	2:30pm to 5:00pm	2:30pm to 5:00pm	2:30pm to 5:00pm
• Dr Kalen	Dr Paul	No Walk-in Doctor Today	Dr Kalen	No Walk-in Doctor Today
Counselling:	Counselling:	Counselling:	Counselling:	Counselling:
12:00pm to 5:00pm	12:00pm to 5:00pm	12:00pm to 5:00pm	12:00pm to 5:00pm	12:00pm to 5:00pm
• Emily, Jane & Carly	Jane, Tiffany & Carly	Vanessa, Carly & Tiffany	Vanessa, Emily& Sandy	Emily & Tiffany
Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:
12:00pm to 5:00pm	11:00am to 3:30pm	12:00pm to 4:30pm	11:00am to 5:00pm	11:00am to 5:00pm
• Tammy	• Tammy	• Tammy	• Kristie	No Walk-In Parent Peer Support Today Contact Family Smart at 1-855-887-8004 or
		More information about our Groups can be found		info@familysmart.ca for support
		on the next page and @foundrybc.ca/princegeorge		







What's coming up this week at Foundry Prince George?

Monday February 12, 2024

Groups:
Dialectical Behaviour
Therapy
(Registered)
4pm to 5:30pm
Contact foundry@bc.ymca.ca for registration or more information

Tuesday February 13, 2024

Groups:
Smart Recovery
Family & Friends
(Drop-In)
5pm to 6:30pm @ PG
Public Library

Wednesday February 14, 2024

Groups:
The Art of Coping
(Drop-in)
1pm to 3pm

Thursday February 15, 2024

Friday February 16, 2024

Saturday February 17, 2024

How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- ✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is high so you are encourage to contact us early in the day.

- ✓ How to access Parent/ Caregiver Support:

 Contact Foundry Prince George: 236-423-1571 or email
 kristie.north@bc.ymca.ca or tammy.tetreau@familysmart.ca
- ✓ How to access Youth Peer Support:

 Call Foundry at 236-423-1571 or come down to Foundry/YAP.

 Peer Support available Monday to Friday, at YAP & Foundry
- ✓ How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email jenna.king@bc.ymca.ca

*As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning

October 3rd, 2023*





