

# Foundry Emotion-Focused Family Therapy

## Core 2 Training Spring 2024

**March 12-13, 2024 | 9:00 am - 4:00 pm (2 full days)**

**Registration Deadline: March 8, 2024**

**Core 2 training in EFFT provides training in advanced clinical skills for Foundry service providers who work with families. This training is undertaken IF and WHEN providers are ready. This full 2-day Core training is also part of the prerequisites for those who intend to become a facilitator (as lead or co-facilitator) of the 2-Day EFFT Caregiver Workshop.**

### Objectives Include

- Caregiver Blocks using Chair-work
- Clinician Blocks using Chair-work
- Therapeutic Apologies
- Conflictual Co-Parenting Information

### Intended Audience

**With supervisor approval, this training is open to:**

- Foundry clinical counsellors and clinicians who work with families and caregivers
- Foundry Family Peer Supporters (FPS) who provide support to family/caregivers
- Clinical Supervisors

*Please note:* Given the clinical nature of Core 2 skills, it is important that Family Peer Supporters feel supported in the expectations of how they implement this content.

### Prerequisites

- EFFT Core 1 Training
- Practiced and confident in skills learned in Core 1

### Please note the following:

- Clinicians and Family Peer Supporters **must meet the prerequisites** and should be ready to learn and **utilize advanced clinical skills** appropriately within the scope of their roles.
- Re-attendance to this training is welcome!
- Attendance of the full 2 days is required to receive a training certificate.

### Hosted by

Foundry Central Office,  
Education and Training Team

### Facilitator

Natasha Files, Mental  
Health Foundations

### Training Delivery

Held via Zoom. Please see next  
page for registration info

*\*Foundry Central Office will host 2 or 3  
EFFT Core 1 & 2 Trainings per year.  
Timing is dependent on Foundry network  
need and capacity.*

## Registration Process

Centre Leads, please forward this poster to your service providers who are supported to attend this training; they can self-register using the link below. We will send out a calendar invite and Zoom link once your staff are registered, using the email they provide.

**Follow this link to register: <https://learning.foundrybc.ca>  
(Click on "EFFT Core 2" to start the process)**

**Questions? Reach out to us at [learning@foundrybc.ca](mailto:learning@foundrybc.ca)**

Foundry would like to acknowledge, with much gratitude, that our work takes place on the many Indigenous territories across what is now known as BC, that have existed since time immemorial.

We recognize that these territories, and all of the lands across Turtle Island are home to First Nations, Métis and Inuit people. We recognize and respect Indigenous peoples as the stewards of this land and acknowledge the enduring relationship that exists between Indigenous peoples and the land and waters.