

# Download the Foundry BC app

**Foundry Virtual BC offers free drop-in and scheduled counselling & peer support, substance use services, groups, primary care and employment services for young people ages 12-24 and their caregivers across British Columbia.**

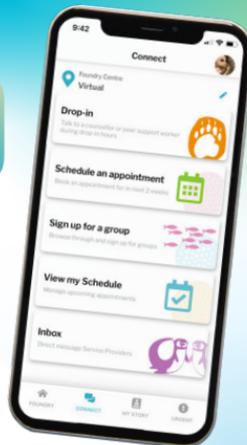
## How can service providers help?

Share information and resources about our virtual services by attending one of our Q & A sessions to learn more.

While our services do not require a referral, taking the first step can often be the hardest part. Consider sending your young people information about our virtual services or supporting them with booking their first appointment on our app.

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Visit [foundrybc.ca/virtual](https://foundrybc.ca/virtual) to learn more. If you don't have access to internet, call **1-833-308-6379** or email [online@foundrybc.ca](mailto:online@foundrybc.ca)

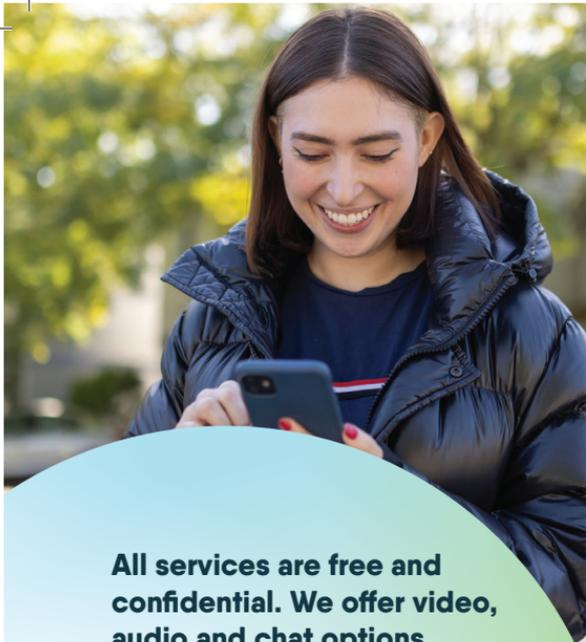


**Download the app  
or use in a browser**

## Hours:

Mon-Fri, 10am-9pm  
Sat/Sun 10am-6pm





**All services are free and confidential. We offer video, audio and chat options.**

- Counselling & peer support
- Substance use services
- Groups
- Primary Care
- Employment services

## How can service providers be involved?

- Foundry Virtual BC aims to work collaboratively alongside other service providers across the province in supporting young people to access the most appropriate services.
- Service providers can share information that may help Foundry Virtual BC providers while supporting a young person. To discuss shared care options or provide this information, please email [online@foundrybc.ca](mailto:online@foundrybc.ca)

**Please note that we are not a crisis service.**

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