THE FOUNDRY FORECAST ::

January 08th to 12th, 2024

What's coming up this week at Foundry Prince George?

MONDAY 08	TUESDAY 09	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Primary Care: 11:00am to 5:00pm • Nurse Lauren	Primary Care: 11:00am to 5:00pm • Nurses Lauren	Primary Care: 11:00am to 5:00pm • Nurse Lauren	Primary Care: 11:00am to 5:00pm • Nurse Lauren	Primary Care: 11:00am to 5:00pm • Nurse Lauren
2:30pm to 5:00pm • Dr Kalen	2:30pm to 5:00pm • Dr Paul	2:30pm to 5:00pm No Walk-in Doctor Today	2:30pm to 5:00pm • Dr Kalen	2:30pm to 5:00pm No Walk-in Doctor Today
Counselling:	Counselling:	Counselling:	Counselling:	Counselling:
12:00pm to 5:00pm • Jane & Carly Caregiver Support:	12:00pm to 5:00pm • Tiffany & Carly	12:00pm to 5:00pm • Vanessa, Carly & Tiffany	12:00pm to 5:00pm • Vanessa, Emily & Sandy	12:00pm to 5:00pm Emily & Tiffany
11:00am to 3:30pm • Tammy	Caregiver Support: 11:00am to 3:30pm Tammy	Caregiver Support: 12:00pm to 4:30pm Tammy	Caregiver Support: 11:00am to 5:00pm • Kristie	Caregiver Support: 11:00am to 5:00pm No Walk-In Parent Peer Support Today Contact Family Smart at 1-855-887-8004 or info@familysmart.ca for support
		See next page for Groups		







What's coming up this week at Foundry Prince George?

Monday January 08, 2024

Groups:
Dialectical Behaviour
Therapy
(Registered)
4pm to 5:30pm
Contact foundry@bc.ymca.ca for registration or more information

Tuesday January 09, 2024

Groups:
Smart Recovery
Family & Friends
(Drop-In)
5pm to 6:30pm @ PG
Public Library

Wednesday January 10, 2024

Groups:
The Art of Coping
(Drop-in)
1pm to 3pm

Bereavement Support for Traumatic Loss (Registered)

(Registered) 5:30-7pm

Craft Night for
Parent/Caregivers
(Drop-in)
6:30pm to 7:30pm @ Van Bien
School (311 Wilson Cres), Rm 122
Contact
tammy.tetreau@familysmart.ca

for more information

Thursday January 11, 2024

Friday January 12th, 2024

Saturday January 13, 2024

Groups:
Trans Social Group
(Drop-in)
1pm-3pm
(next date Saturday Jan 27th)

- ✓ How to access Parent/ Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca or tammy.tetreau@familysmart.ca
- ✓ How to access Youth Peer Support:

 Call Foundry at 236-423-1571 or come down to Foundry/YAP.

 Peer Support available Monday to Friday, at YAP & Foundry
- ✓ How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email jenna.king@bc.ymca.ca

How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- ✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by

*As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning

October 3rd, 2023*





