* As per direction from the Provincial Health Officer, masks are required at Foundry Centres*

**THE FOUNDRY FORECAST**

January 01<sup>st</sup> to 05<sup>th</sup>, 2024

What's coming up this week at Foundry Prince George?

<table>
<thead>
<tr>
<th>MONDAY 01</th>
<th>TUESDAY 02</th>
<th>WEDNESDAY 03</th>
<th>THURSDAY 04</th>
<th>FRIDAY 05</th>
</tr>
</thead>
</table>
| **Closed for New Years Day** | **Primary Care:** 11:00am to 5:00pm  
  • Lauren | **Primary Care:** 11:00am to 5:00pm  
  • Lauren | **Primary Care:** 11:00am to 5:00pm  
  • Lauren | **Primary Care:** 11:00am to 5:00pm  
  • Lauren |
|                  | 2:30pm to 5:00pm  
  • Dr Paul | **2:30pm to 5:00pm  
  *No Walk-in Doctor Today**** | 2:30pm to 5:00pm  
  • Dr Kalen | 2:30pm to 5:00pm  
  *No Walk-in Doctor Today** |
| **Groups:** 8 Step Recovery (Drop-In)  
  5pm-6:15pm | **Counselling:** 12:00pm to 5:00pm  
  • Jane, Tiffany & Carly | **Counselling:** 12:00pm to 5:00pm  
  • Vanessa, Carly & Tiffany | **Counselling:** 12:00pm to 5:00pm  
  • Vanessa, Emily & Sandy | **Counselling:** 12:00pm to 5:00pm  
  • Emily & Tiffany |
| **Caregiver Support:** 11:00am to 3:30pm  
  • Tammy | | **Caregiver Support:** 12:00pm to 4:30pm  
  • Tammy | **Caregiver Support:** 11:00am to 5:00pm  
  • Kristie | **Caregiver Support:** 11:00am to 5:00pm  
  *No Walk-In Parent Peer Support Today* |

Contact Family Smart at 1-855-887-8004 or info@familysmart.ca for support.
What’s coming up this week at Foundry Prince George?

How to access a doctor at Foundry PG:
- Offered on a first come, first serve basis on the same day of need. No pre-booking.
- Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- If you have cold or flu like symptoms, you will be asked to wear a mask or potentially engage by phone or video.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:
- Nurse – 11am to 5pm daily.
- Counselling - 12pm to 5pm daily.
- Doctors – Mon/Tues/Thurs- 2:30pm to 5pm
- Youth Peer Support- 11am to 5pm daily
- Parent/Caregiver Support – Mon/Tues/Weds/Thurs
- Housing Support & Outreach- 9am-4:30pm daily

- How to access Parent/ Caregiver Support:
  Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca or tammy.tetreau@familysmart.ca

- How to access Youth Peer Support:
  Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry

- How to access Housing Support and Outreach:
  Call Jenna King at 250-645-6090 or email jenna.king@bc.ymca.ca

*As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning October 3rd, 2023*

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foundry.bc.ca/princegeorge/