

\* As per direction from the Provincial Health Officer, masks are required at Foundry Centres\*

# THE FOUNDRY FORECAST

December 18<sup>th</sup> to 22<sup>nd</sup>, 2023

What's coming up this week at Foundry Prince George?

MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
<p><b>Primary Care:</b> 11:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Nurses Cianna &amp; Lauren</li> </ul> <p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Dr Kalen</li> </ul> <p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Jane, Tiffany &amp; Carly</li> </ul> <p><b>Caregiver Support:</b> 12:00pm to 4:00pm</p> <ul style="list-style-type: none"> <li>Tammy</li> </ul>	<p><b>Primary Care:</b> 11:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Nurses Cianna &amp; Lauren</li> </ul> <p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Dr Paul</li> </ul> <p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Tiffany &amp; Carly</li> </ul> <p><b>Caregiver Support:</b> 11:00pm to 4:00pm</p> <ul style="list-style-type: none"> <li>Tammy</li> </ul>	<p><b>Primary Care:</b> 11:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Nurses Cianna &amp; Lauren</li> </ul> <p>2:30pm to 5:00pm</p> <p><i>No Walk-in Doctor Today</i></p> <p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Vanessa</li> </ul> <p><b>Caregiver Support:</b> 12:00pm to 4:30pm</p> <ul style="list-style-type: none"> <li>Tammy</li> </ul>	<p><b>Primary Care:</b> 11:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Nurses Cianna &amp; Lauren</li> </ul> <p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Dr Kalen</li> </ul> <p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Vanessa &amp; Jane</li> </ul> <p><b>Caregiver Support:</b> 11:00am to 5:00pm</p> <ul style="list-style-type: none"> <li>Kristie</li> </ul>	<p><b>Foundry Closed</b> Friday December 22<sup>nd</sup></p> <p><b>Group:</b> Saturday December 23<sup>rd</sup> Trans Social Group (Drop-In 12+) 1pm-3pm Contact <a href="mailto:accessiblecounsellingservices@gmail.com">accessiblecounsellingservices@gmail.com</a> for more information</p>

# What's coming up this week at Foundry Prince George?

## How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- ✓ If you have cold or flu like symptoms, you will be asked to wear a mask or potentially engage by phone or video.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse – 11am to 5pm daily.
- Counselling - 12pm to 5pm daily.
- Doctors – Mon/Tues/Thurs- 2:30pm to 5pm
- Youth Peer Support- 11am to 5pm daily
- Parent/Caregiver Support – Mon/Tues/Weds/Thurs
- Housing Support & Outreach- 9am-4:30pm daily

## ✓ How to access Parent/ Caregiver Support:

Contact Foundry Prince George: 236-423-1571 or email [kristie.north@bc.ymca.ca](mailto:kristie.north@bc.ymca.ca) or [tammy.tetreau@familysmart.ca](mailto:tammy.tetreau@familysmart.ca)

## ✓ How to access Youth Peer Support:

Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry

## ✓ How to access Housing Support and Outreach:

Call Jenna King at 250-645-6090 or email [jenna.king@bc.ymca.ca](mailto:jenna.king@bc.ymca.ca)

**\*As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning October 3<sup>rd</sup>, 2023\***