

* As per direction from the Provincial Health Officer, masks are required at Foundry Centres*

THE FOUNDRY FORECAST

December 11th to 15th, 2023

What's coming up this week at Foundry Prince George?

MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
<p>Primary Care: 11:00pm to 5:00pm</p> <ul style="list-style-type: none">Nurses Cianna & Lauren	<p>Primary Care: 11:00pm to 5:00pm</p> <ul style="list-style-type: none">Nurses Cianna & Lauren	<p>Primary Care: 11:00pm to 5:00pm</p> <ul style="list-style-type: none">Nurses Cianna & Lauren	<p>Primary Care: 11:00pm to 5:00pm</p> <ul style="list-style-type: none">Nurses Cianna & Lauren	<p>Primary Care: 11:00pm to 5:00pm</p> <ul style="list-style-type: none">Nurses Cianna & Lauren
<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Kalen	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Paul	<p>2:30pm to 5:00pm</p> <p><i>No Walk-in Doctor Today</i></p>	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none">Dr Kalen	<p>2:30pm to 5:00pm</p> <p><i>No Walk-in Doctor Today</i></p>
<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Jane & Carly	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Tiffany, Carly & Emily	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Vanessa, Emily & Carly	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Vanessa & Emily	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none">Tiffany
<p>Caregiver Support: 12:00pm to 4:00pm</p> <ul style="list-style-type: none">Tammy	<p>Caregiver Support: 11:00pm to 4:00pm</p> <ul style="list-style-type: none">Tammy	<p>Caregiver Support: 12:00pm to 4:30pm</p> <ul style="list-style-type: none">Tammy	<p>Caregiver Support: 2:00pm to 5:00pm</p> <ul style="list-style-type: none">Kristie	<p>Caregiver Support: 11:00am to 5:00pm</p> <p><i>No Walk-In Parent Peer Support Today</i></p> <p>Contact Family Smart at 1-855-887-8004 or info@familysmart.ca for support</p>
<p>Scheduled Closure: We will be closed Friday Dec 22, 2023 reopening Tuesday Jan 02, 2024.</p>				

What's coming up this week at Foundry Prince George?

Monday December 11 th	Tuesday December 12 th	See next page for Groups	Thursday December 14 th	Friday December 15 th
	<p>Groups: Smart Recovery Family & Friends Recovery (Drop-In) 5pm-6:30pm</p>	<p>Group: Bereavement Support for Traumatic Loss (Registered) 5:30-7pm</p>	<p>Groups: Dialectical Behaviour Therapy (Registered) 4pm to 5:30pm Contact foundry@bc.ymca.ca for registration or more information</p>	
<p>How to access a doctor at Foundry PG:</p> <ul style="list-style-type: none"> ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking. ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available. ✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video. 		<p>All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:</p> <ul style="list-style-type: none"> ▪ Nurse – 11am to 5pm daily. ▪ Counselling - 12pm to 5pm daily. ▪ Doctors – Mon/Tues/Thurs- 2:30pm to 5pm ▪ Youth Peer Support- 11am to 5pm daily ▪ Parent/Caregiver Support – Mon/Tues/Weds/Thurs ▪ Housing Support & Outreach- 9am-4:30pm daily 	<p>✓ How to access Parent/ Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca or tammy.tetreau@familysmart.ca</p> <p>✓ How to access Youth Peer Support: Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry</p> <p>✓ How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email jenna.king@bc.ymca.ca</p>	

As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning October 3rd, 2023