

* As per direction from the Provincial Health Officer, masks are required at Foundry Centres*

THE FOUNDRY FORECAST

December 04th to 08th, 2023

What's coming up this week at Foundry Prince George?

| MONDAY 04 | TUESDAY 05 | WEDNESDAY 06 | THURSDAY 07 | FRIDAY 08 |
|---|--|--|---|---|
| <p>Primary Care: 11:00am to 5:00pm <u>Next Walk-In Nurse</u> Wednesday</p> <p>2:30pm to 5:00pm • Dr Kalen</p> <p>Counselling: 12:00pm to 5:00pm • Jane, Carly & Tiffany</p> <p>Caregiver Support: 12:00pm to 4:00pm • Tammy</p> <p><u>Scheduled Closure:</u> We will be closed Friday Dec 22, 2023 reopening Tuesday Jan 02, 2024.</p> | <p>Primary Care: 11:00am to 5:00pm <u>Next Walk-In Nurse</u> Wednesday</p> <p>2:30pm to 5:00pm • Dr Paul</p> <p>Counselling: 12:00pm to 5:00pm • Tiffany, Carly & Emily</p> <p>Caregiver Support: 11:00pm to 4:00pm • Tammy</p> | <p>Primary Care: 12:00pm to 5:00pm • Cianna</p> <p>2:30pm to 5:00pm No Walk-in Doctor Today</p> <p>Counselling: 12:00pm to 5:00pm • Vanessa, Emily & Carly</p> <p>Caregiver Support: 12:00pm to 4:30pm • Tammy</p> <p>See next page for Groups</p> | <p>Primary Care: 11:00am to 5:00pm <u>Walk-In Nurse Availability</u> Dec 11-15, 2023</p> <p>2:30pm to 5:00pm • Dr Kalen</p> <p>Counselling: 12:00pm to 5:00pm • Emily</p> <p>Caregiver Support: 2:00pm to 5:00pm • Kristie</p> | <p>Primary Care: 11:00am to 5:00pm <u>Walk-In Nurse Availability</u> Dec 11-15, 2023</p> <p>2:30pm to 5:00pm No Walk-in Doctor Today</p> <p>Counselling: 12:00pm to 5:00pm • Tiffany & Sandy</p> <p>Caregiver Support: 11:00am to 5:00pm No Walk-In Parent Peer Support Today Contact Family Smart at 1-855-887-8004 or info@familysmart.ca for support</p> |

What's coming up this week at Foundry Prince George?

| Monday December 04 th | Tuesday December 05 th | Wednesday December 06 th | Thursday December 07 th | Friday December 08 th |
|---|--|--|--|----------------------------------|
| <p>How to access a doctor at Foundry PG:</p> <ul style="list-style-type: none"> ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking. ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available. ✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video. | <p>Groups: 8 Step Recovery (Drop-In) 5pm-6:15pm</p> | <p>Group: Bereavement Support for Traumatic Loss (Registered) 5:30-7pm</p> <p>All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:</p> <ul style="list-style-type: none"> ▪ Nurse – Currently not available. Working to fill the gap as soon as possible. ▪ Counselling - 12pm to 5pm ▪ Doctors – Mon/Tues/Thurs- 2:30pm to 5pm ▪ Youth Peer Support- 11am to 5pm daily ▪ Parent/Caregiver Support – Mon/Tues/Weds/Thurs ▪ Housing Support & Outreach- 9am-4:30pm daily | <p>Groups: Circle of Security (Registered) 11am-1pm</p> <p>Dialectical Behaviour Therapy (Registered) 4pm to 5:30pm</p> <p>Contact foundry@bc.ymca.ca for registration or more information</p> <p>✓ How to access Parent/ Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca or tammy.tetreau@familysmart.ca</p> <p>✓ How to access Youth Peer Support: Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry</p> <p>✓ How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email jenna.king@bc.ymca.ca</p> | |

As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning October 3rd, 2023