·FOUNDRY·
WHERE WELLNESS TAKES SHAPE

Foundry Work and Education Program Monthly Community of Practice Meeting_Minutes
Date: Monday, Oct 30, 2023, 9-1030 am

Participants:

Diana Al-Qutub	P	Matt Wenger	R	Anna-Joy Ong	R	Cassia Warren	R	Kirsten McCulloch	R	Judy Dang	P
Acasia Preston	R	Ben McAuley	R	Elise Durante	R	John MacRae	P	Oksana Soychuke	R	Tanya Timbers	P
Alexis Ratz	R	Brandie Haffey	R	Elizabeth Shields	R	Kate Mcdonald	P	Ricki Justice	R	Terry Buylch	R
Alicia Erenli	R	Brigitte Clair	P	Fiona Walker	R	Kelly Sutton	P	Samantha Hoehne	P	Vivian Lau	R
Alison Ivan	R	Cali Barton	R	Gavin Donatelli	R	Kim Dumore	R	Sandra Teves	R	Cain Critchlow	P
Allison Boese	R	Cassidee Wood	R	Gill Walker	R	Kristi Mandin	R	Sarah Goulder	R	Polly Tan	P
Amy Cadden	P	Chelsey Collins	P	Gregg Loo	R	Lyn Heinemann	R	Sarah Thorne	P		
Andrea Cherchas	R	Chris Bennett	R	Haley Turnbull	R	Melissa Cailleaux	R	Shane Nash	R		
Andy Milligan	P	Chris Steller	R	Jen Wuschke	R	Michael McFetridge	R	Simone Maassen	R		
Angie Prescott	R	CJ LeBlanc	R	Jennifer Richardson	P	Mike Gwaliuk	R	Sonia Randhawa	P		
Anna Willms	P	Dave McQuarrie	R	Jenny Evans	P	Nicholas Clarence	R	Stasa Pasic	R		
Ashling Ligate	R	Donna Desmet	R	Jessica Lane	P	Nicole Pidperyhora	P	Tamiko Keating	P		

Agenda Item	Discussion	Action Items
Reminders/ Updates		

1. FCO updates	• Staff intro: Polly Tan- Vancouver-Granville- OT- previously worked at St. Paul's hospital.
	 • Maintenance funding: current operating centres will receive an 18-month maintenance funding starting April 2024.
	    o Election coming up in 2024→ will need to wait until election complete to request for evergreen funding.
	 • Canadian IPS training model for IPS staff and Supervisors is online.
	    o https://moodlemedia.camhx.ca/Moodle11/IPS/Email_promo.html
	    o Not mandatory for program staff that have received training previously.
	    o Recent new staff that joined the program should sign up for the training.
	    o There is a supervisor link for the supervisors to sign up as well. → To review the Canadian curriculum.	

2. Youth Workshop November	• Virtual Youth Workshop- List of Upcoming Topics
	    o **Next virtual workshop- November 14, 2023. Register youth for the workshop here.**
	    Topic: Goal Setting
	    Time: 2:30-3:30pm
	    Host: Foundry Vancouver-Granville
	    Presenter: Anna Willms, Sarah Goulder and Polly Tan	

3. Youth Workshop December	- Final workshop for the year. - If anyone would like to sign up for future workshop session or have topic ideas, please share/ connect with Kelly.	
Clinical Discussions and Knowledge Exchange (~60 minutes)		
1. Keeping youth engaged in the program in the midst of setbacks	Topics discussed in the breakout room: - What feelings come up as you're thinking about this client? - What's your take on what's happening? (Why aren't they hearing back?) - What's the first step you take when you notice this client starting to disengage? - What else did you try? - How did it work? Main take-aways→ - Reassurance → staff have done everything they could to assist the youth. - Don't always go to towards the worst-case scenario. → maybe the youth have other things on the go and job search is not a priority. Kelly reviewed the 3 step EFFT cheat sheet document with the group: - Validation → bring yourself in their shoes to connect with them. - Emotional support → case dependent. - Problem solving → Practical support. (last step) Main take aways→ - We don't always get to have a conversation with youth about them withdrawing from the program (if they stop responding to us). If we have a chance to reconnect at any point, we can take that time to talk with them about what they might have been feeling, and letting them know it's okay if we move at their pace. - It's great that the youth come back to see the staff → great relationship building. - Acknowledge the silence → knowing this may not be the best time to connect right now, but letting the youth know that we are thinking of them. Ready to connect whenever they are. **Pause column:** Let them know If they would like to come back, they can re-engage with the program at any time. → Gives the youth autonomy for connecting with IPS workers. Kelly's case presentation. - A youth had financial, mental health, and medical concerns, and wasn't feeling ready to job search (competing priorities, significant anxiety). - Staff continued to reach out to youth during their absence offering to reconnect. - Youth emailed IPS staff after 7 months of not connecting. → when they were ready to work on job search, they reached out to Kelly again. They are now working towards their career goal.	Judy to post the handouts from Kelly on LMS.

	• Brainstorming what do you think you didn't hear back from employers with the youth. → beyond " I am not good enough." • Review with the youth "what is in and out of my control". → what do I do now? or what do I start with? • Honoring of their timeline → however youth enrolled the SC stream has a year timeline. MSDPR funding more flexible no one year timeline. → understanding that this is not the true IPS model. o FWEP need to reach the 750-youth targe for SC funding. → need to start youth with SC stream then MSDPR. o Closing vs. existing youth file in Toolbox → transition from SC to MSDPR funding. Check off the appropriate funder to switch status.		
2. Initial connections with employers (job development strategies)	• Deferred to next CoP.		