THE FOUNDRY FORECAST ::

November 27th to December 01st, 2023

What's coming up this week at Foundry Prince George?

| Г | MONDAY 27 | TUESDAY 28 | WEDNESDAY 29 | THURSDAY 30 | FRIDAY 01 |
|---|---|---|--|---|---|
| | Primary Care: 11:00am to 5:00pm Next Walk-In Nurse Wednesday Dec 06, 11:00am-5:00pm | Primary Care: 11:00am to 5:00pm Walk-In Nurse Availability Dec 11-15, 2023 | Primary Care: *4:30pm to 8:00pm* <u>Virtual Nurse Available Today</u> Contact Foundry for booking. | Primary Care: 11:00am to 5:00pm Next Walk-In Nurse Wednesday Dec 06, 11:00am-5:00pm | Primary Care: 11:00am to 5:00pm Walk-In Nurse Availability Dec 11-15, 2023 |
| | 2:30pm to 5:00pm • Dr Kalen | 2:30pm to 5:00pm • Dr Paul | 2:30pm to 5:00pm <i>No Walk-in Doctor Today</i> | 2:30pm to 5:00pm • Dr Kalen | 2:30pm to 5:00pm No Walk-in Doctor Today |
| | Counselling: | Counselling: | Counselling: | Counselling: | Counselling |
| | 12:00pm to 5:00pm • Tiffany | 12:00pm to 5:00pm • Tiffany, Jane & Emily | 12:00pm to 5:00pm • Vanessa, Emily & Carly | 12:00pm to 5:00pm • Emily & Carly | 12:00pm to 5:00pm Tiffany, Jane & Carly |
| | Caregiver Support: | Caregiver Support: | Caregiver Support: | Caregiver Support: | Caregiver Support: |
| | 12:00pm to 4:00pm • Tammy | 11:00pm to 4:00pm • Tammy | 12:00pm to 4:30pm • Tammy | 1:00pm to 5:00pm • Kristie | 11:00am to 5:00pm No Walk-In Parent Peer Support Today Contact Family Smart at 1-855-887-8004 or info@familysmart.ca for support |
| | | | See next page for Groups | | |







What's coming up this week at Foundry Prince George?

Monday November 27th

Groups:
Service Canada Outreach
11am-4pm
(Drop-In)

Get help with name change, SIN,

and more. Bring your ID.

Tuesday November 28th

Groups:
Smart Recovery Family &
Friends
(Drop-In)
5pm-6:30pm
@ the PG Public Library

Wednesday November 29th

Group:
Bereavement Support for
Traumatic Loss
(Registered)
5:30-7pm

Thursday November 30th

Groups: Circle of Security (Registered) 11am-1pm

Dialectical Behaviour Therapy
(Registered)
4pm to 5:30pm
Contact foundry@bc.ymca.ca for registration or more information

Friday December 01st

How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- ✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse Currently not available. Working to fill the gap as soon as possible.
- Counselling 12pm to 5pm
- Doctors Mon/Tues/Thurs-2:30pm to 5pm
- Youth Peer Support- 11am to 5pm daily
- Parent/Caregiver Support Mon/Tues/Weds/Thurs
- Housing Support & Outreach- 9am-4:30pm daily

✓ How to access Parent/ Caregiver Support:

Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca or tammy.tetreau@familysmart.ca

- ✓ How to access Youth Peer Support:

 Call Foundry at 236-423-1571 or come down to Foundry/YAP.

 Peer Support available Monday to Friday, at YAP & Foundry
- ✓ How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email <u>jenna.king@bc.ymca.ca</u>

*As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning
October 3rd, 2023*





