

* As per direction from the Provincial Health Officer, masks are required at Foundry Centres*

THE FOUNDRY FORECAST

November 20th to 24th, 2023

What's coming up this week at Foundry Prince George?

MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
Primary Care: 11:00am to 5:00pm <i>Next Walk-In Nurse</i> <i>Availability Dec 11-15, 2023</i>	Primary Care: 11:00am to 5:00pm <i>Next Walk-In Nurse</i> <i>Availability Dec 11-15, 2023</i>	Primary Care: *4:30pm to 8:00pm* <i>Virtual Nurse available</i> <i>Contact Foundry for more info.</i>	Primary Care: 11:00am to 5:00pm <i>Next Walk-In Nurse</i> <i>Availability Dec 11-15, 2023</i>	Primary Care: 11:00am to 5:00pm <i>Next Walk-In Nurse</i> <i>Availability Dec 11-15, 2023</i>
2:30pm to 5:00pm • Dr Kalen	2:30pm to 5:00pm • Dr Paul	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm • Dr Kalen	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>
Counselling: 12:00pm to 5:00pm • Tiffany & Carly	Counselling: 12:00pm to 5:00pm • Tiffany, Jane & Emily	Counselling: 12:00pm to 5:00pm • Vanessa, Emily & Carly	Counselling: 12:00pm to 5:00pm • Emily & Carly	Counselling: 12:00pm to 5:00pm • Tiffany
Caregiver Support: 11:00pm to 4:00pm • Tammy	Caregiver Support: 12:00pm to 4:00pm • Tammy	Caregiver Support: 12:00pm to 4:30pm • Tammy	Caregiver Support: 11:00am to 5:00pm • Kristie	Caregiver Support: 11:00am to 5:00pm <i>No Walk-In Parent Peer Support Today</i> Contact Family Smart at 1-855-887-8004 or info@familysmart.ca for support
		See next page for Groups		

What's coming up this week at Foundry Prince George?

<p>Monday November 20th</p> <p>Groups: Heartbeat- support for loss due to suicide 6pm-8:30pm Contact Sandy @ galletti@telus.net for more information</p> <p>How to access a doctor at Foundry PG:</p> <ul style="list-style-type: none"> ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking. ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available. ✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video. 	<p>Tuesday November 21st</p> <p>Groups: 8 Step Recovery (Drop-In) 5pm-6:15pm</p>	<p>Wednesday November 22nd</p> <p>Group: Bereavement Support for Traumatic Loss (Registered) 5:30-7pm</p> <p>All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:</p> <ul style="list-style-type: none"> ▪ Nurse – Currently not available. Working to fill the gap as soon as possible. ▪ Counselling - 12pm to 5pm ▪ Doctors – Mon/Tues/Thurs- 2:30pm to 5pm ▪ Youth Peer Support- 11am to 5pm daily ▪ Parent/Caregiver Support – Mon/Tues/Weds/Thurs ▪ Housing Support & Outreach- 9am-4:30pm daily 	<p>Thursday November 23rd</p> <p>Groups: Circle of Security (Registered) 11am-1pm</p> <p>Dialectical Behaviour Therapy (Registered) 4pm to 5:30pm Contact foundry@bc.ymca.ca for registration or more information</p> <p>✓ How to access Parent/ Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca or tammy.tetreau@familysmart.ca</p> <p>✓ How to access Youth Peer Support: Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry</p> <p>✓ How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email jenna.king@bc.ymca.ca</p>	<p><u>Saturday November 25th</u></p> <p>Groups: Trans Social Group (Drop-In 12+) 1pm-3pm Contact accessiblecounsellingservices@gmail.com for more information</p>
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As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning October 3rd, 2023