## THE FOUNDRY FORECAST :

## November 13<sup>th</sup> to 17<sup>th</sup>, 2023

## What's coming up this week at Foundry Prince George?

MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
	Primary Care: 11:00am to 5:00pm Next Walk-In Nurse Availability Dec 11-15, 2023	Primary Care: 11:00am to 5:00pm Next Walk-In Nurse Availability Dec 11-15, 2023	Primary Care: 11:00am to 5:00pm Next Walk-In Nurse Availability Dec 11-15, 2023	Primary Care: 11:00am to 5:00pm Next Walk-In Nurse Availability Dec 11-15, 2023
	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm No Walk-in Doctor Today	2:30pm to 5:00pm  • Dr Kalen	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>
Closed to observe	Counselling: 12:00pm to 5:00pm	Counselling: 12:00pm to 5:00pm	Counselling: 12:00pm to 5:00pm	Counselling: 12:00pm to 5:00pm
Remembrance Day	• Tiffany, Jane & Emily	<ul><li>Vanessa, Emily</li><li>&amp; Carly</li></ul>	■ Emily & Carly	• Tiffany & Carly
	Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:
	11:00pm to 4:00pm  • Tammy	3:00pm to 5:00pm  • Tammy	11:00am to 5:00pm  No Walk-In Parent Peer  Support Today  Contact Family Smart at  1-855-887-8004 or  info@familysmart.ca for support	11:00am to 5:00pm  No Walk-In Parent Peer  Support Today  Contact Family Smart at  1-855-887-8004 or  info@familysmart.ca for support
		See next page for Groups		







## What's coming up this week at Foundry Prince George?

**Monday November 13th** 

How to access a doctor at Foundry PG:

✓ Offered on a first come, first serve basis on the

doctors in our community, walk-in time with

call or visit Foundry at 11am on the day of, to

secure one of our limited time slots available.

✓ If you have cold or flu like symptoms, you will be

asked to wear a mask or potentially engage by

Foundry doctors fills up very, very quickly. Please

✓ Due to very high demand and a shortage of

same day of need. No pre-booking.

**Tuesday November 14th** 

**Wednesday November 15th** 

Thursday November 16th

Saturday November 18th

Groups:
Smart Recovery Family &
Friends

(Drop-In) 5pm-6:30pm @PGPL **Groups:** 

Circle of Security (Registered) 11am-1pm

Dialectical Behaviour Therapy
(Registered)
4pm to 5:30pm
Contact foundry@bc.ymca.ca for registration or more information

Groups:
Trans Social Group
(Drop-In 12+)
1pm-3pm

Contact
<a href="mailto:accessiblecounsellingservices@gmail.c">accessiblecounsellingservices@gmail.c</a>
for more information

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse Currently not available. Working to fill the gap as soon as possible.
- Counselling 12pm to 5pm
- Doctors Mon/Tues/Thurs-2:30pm to 5pm
- Youth Peer Support- 11am to 5pm daily
- Parent/Caregiver Support Mon/Tues/Weds/Thurs
- Housing Support & Outreach- 9am-4:30pm daily

✓ How to access Parent/ Caregiver Support:

Contact Foundry Prince George: 236-423-1571 or email 
kristie.north@bc.ymca.ca or tammy.tetreau@familysmart.ca

- ✓ How to access Youth Peer Support:

  Call Foundry at 236-423-1571 or come down to Foundry/YAP.

  Peer Support available Monday to Friday, at YAP & Foundry
- ✓ How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email <u>jenna.king@bc.ymca.ca</u>

\*As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning
October 3<sup>rd</sup>, 2023\*



phone or video.



