* As per direction from the Provincial Health Officer, masks are required at Foundry Centres*

November 13th to 17th, 2023

What's coming up this week at Foundry Prince George?

MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
	Primary Care: 11:00am to 5:00pm Next Walk-In Nurse Availability Dec 11-15, 2023	Primary Care: 11:00am to 5:00pm Next Walk-In Nurse Availability Dec 11-15, 2023	Primary Care: 11:00am to 5:00pm Next Walk-In Nurse Availability Dec 11-15, 2023	Primary Care: 11:00am to 5:00pm Next Walk-In Nurse Availability Dec 11-15, 2023
	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm No Walk-in Doctor Today
	Counselling:	Counselling:	Counselling:	Counselling:
Closed to observe Remembrance Day	12:00pm to 5:00pm • Tiffany, Jane & Emily Caregiver Support:	12:00pm to 5:00pm • Vanessa, Emily & Carly Caregiver Support:	12:00pm to 5:00pm • Emily & Carly	12:00pm to 5:00pm Tiffany & Carly Caregiver Support:
	• Tammy	• Tammy	Caregiver Support: 11:00am to 5:00pm No Walk-In Parent Peer Support Today Contact Family Smart at 1-855-887-8004 or info@familysmart.ca for support	11:00am to 5:00pm <i>No Walk-In Parent Peer</i> <i>Support Today</i> Contact Family Smart at 1-855-887-8004 or <u>info@familysmart.ca</u> for support
		See next page for Groups		

• F O U N D R Y• PRINCE GEORGE





148 7th Avenue, Prince George, BC V2L 5G6 <u>foundry@bc.ymca.ca</u> 236-423-1571 foundry.bc.ca/princegeorge/

What's coming up this week at Foundry Prince George?

Monday November 13th	Tuesday November 14 th	Wednesday November 15th	Thursday November 16 th	<u>Saturday November 18th</u>
	Groups:		Groups:	Groups:
Si	Smart Recovery Family &		Circle of Security	Trans Social Group
	Friends		(Registered) 11am-1pm	(Drop-In 12+) 1pm-3pm
	(Drop-In)			
	5pm-6:30pm			Contact
	@PGPL		Dialectical Behaviour Therapy (Registered)	accessiblecounsellingservices@gmail.co for more information
			4pm to 5:30pm Contact <u>foundry@bc.ymca.ca</u> for	
			registration or more information	
 How to access a doctor at Foundry PG: ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking. ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available. ✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video. 		 All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits: Nurse – Currently not available. Working to fill the gap as soon as possible. Counselling - 12pm to 5pm Doctors – Mon/Tues/Thurs-2:30pm to 5pm Youth Peer Support-11am to 5pm daily Parent/Caregiver Support – Mon/Tues/Weds/Thurs Housing Support & Outreach-9am-4:30pm daily 	 How to access Parent/ Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email <u>kristie.north@bc.ymca.ca</u> or <u>tammy.tetreau@familysmart.ca</u> How to access Youth Peer Support: Call Foundry at 236-423-1571 or come down to Foundry/YA Peer Support available Monday to Friday, at YAP & Found How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email <u>jenna.king@bc.ymca.ca</u> 	

October 3rd, 2023*



1148 7th Avenue, Prince George, BC V2L 5G6 <u>foundry@bc.ymca.ca</u> 236-423-1571 foundry.bc.ca/princegeorge/