* As per direction from the Provincial Health Officer, masks are required at Foundry Centres*

**THE FOUNDARY FORECAST**

October 9th to 13th, 2023

What's coming up this week at Foundry Prince George?

<table>
<thead>
<tr>
<th>MONDAY 09</th>
<th>TUESDAY 10</th>
<th>WEDNESDAY 11</th>
<th>THURSDAY 12</th>
<th>FRIDAY 13</th>
</tr>
</thead>
</table>
| **Foundry Closed today for Thanksgiving** | **Primary Care:** 11:00am to 5:00pm  
*No Walk-in Nurse Today*  
2:30pm to 5:00pm  
• Dr Paul  
Counselling: 12:00pm to 5:00pm  
• Jane & Emily  
Caregiver Support: 11:00am to 5:00pm  
*No Walk-In Parent Peer Support Today*  
Contact Family Smart at 1-855-887-8004 or info@familysmart.ca for support  
Groups: Smart Recovery Family & Friends (Drop-In)  
5pm-6:30pm @the PG Public Library | **Primary Care:** 11:00am to 5:00pm  
2:30pm to 5:00pm  
• Nurse Lisa  
Counselling: 12:00pm to 5:00pm  
• Emily & Carly  
Caregiver Support: 11:00am to 5:00pm  
*No Walk-In Parent Peer Support Today* | **Primary Care:** 11:00am to 5:00pm  
2:30pm to 5:00pm  
• Nurse Lisa  
Counselling: 12:00pm to 5:00pm  
• Vanessa & Carly  
Caregiver Support: 11:00am to 5:00pm  
*No Walk-In Parent Peer Support Today* | **Primary Care:** 11:00am to 5:00pm  
2:30pm to 5:00pm  
• No Walk-in Nurse Today  
Counselling: 12:00pm to 5:00pm  
• No Walk-in Doctor Today  
Caregiver Support: 11:00am to 5:00pm  
*No Walk-In Parent Peer Support Today* |
What’s coming up this week at Foundry Prince George?

How to access a doctor at Foundry PG:

- Offered on a first come, first serve basis on the same day of need. No pre-booking.
- Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- If you have cold or flu like symptoms, you will be asked to wear a mask or potentially engage by phone or video.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse - 11am to 5pm, Tues/Weds/Thurs (September & October 2023)
- Counselling - 12pm to 5pm
- Doctors – Mon/Tues/Thurs-2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support – 11am to 5pm
- Housing Support & Outreach- 9am-4:30pm

How to access Parent/ Caregiver Support:
Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca, tammy.tetreau@familysmart.ca or kathy.buhler@familysmart.ca

How to access Youth Peer Support:
Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry

How to access Housing Support and Outreach:
Call Jenna King at 250-645-6090 or email jenna.king@bc.ymca.ca

*As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning October 3rd, 2023*