

\* As per direction from the Provincial Health Officer, masks are required at Foundry Centres\*

# THE FOUNDRY FORECAST

October 9<sup>th</sup> to 13<sup>th</sup>, 2023

## What's coming up this week at Foundry Prince George?

MONDAY 09	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
<p><b>Foundry Closed today for Thanksgiving</b></p>	<p><b>Primary Care:</b> 11:00am to 5:00pm <i>No Walk-in Nurse Today</i></p> <p><b>2:30pm to 5:00pm</b> • Dr Paul</p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Jane &amp; Emily</p> <p><b>Caregiver Support:</b> 11:00am to 5:00pm <i>No Walk-In Parent Peer Support Today</i> Contact Family Smart at 1-855-887-8004 or <a href="mailto:info@familysmart.ca">info@familysmart.ca</a> for support</p> <p><b>Groups:</b> Smart Recovery Family &amp; Friends (Drop-In) 5pm-6:30pm @the PG Public Library</p>	<p><b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lisa</p> <p><b>2:30pm to 5:00pm</b> <i>No Walk-in Doctor Today</i></p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Emily &amp; Carly</p> <p><b>Caregiver Support:</b> 11:00am to 5:00pm <i>No Walk-In Parent Peer Support Today</i></p>	<p><b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lisa</p> <p><b>2:30pm to 5:00pm</b> • Dr Kalen</p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Vanessa &amp; Carly</p> <p><b>Caregiver Support:</b> 11:00am to 5:00pm <i>No Walk-In Parent Peer Support Today</i></p> <p><b>Groups:</b> Dialectical Behaviour Therapy (Registered) 4pm to 5:30pm Contact <a href="mailto:foundry@bc.ymca.ca">foundry@bc.ymca.ca</a> for registration or more information</p>	<p><b>Primary Care:</b> 11:00am to 5:00pm <i>No Walk-in Nurse Today</i></p> <p><b>2:30pm to 5:00pm</b> <i>No Walk-in Doctor Today</i></p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Sandy &amp; Carly</p> <p><b>Caregiver Support:</b> 11:00am to 5:00pm <i>No Walk-In Parent Peer Support Today</i></p>

# What's coming up this week at Foundry Prince George?

## How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- ✓ If you have cold or flu like symptoms, you will be asked to wear a mask or potentially engage by phone or video.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse - 11am to 5pm, Tues/Weds/Thurs (September & October 2023)
- Counselling - 12pm to 5pm
- Doctors – Mon/Tues/Thurs- 2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support – 11am to 5 pm
- Housing Support & Outreach- 9am-4:30pm

## ✓ How to access Parent/ Caregiver Support:

Contact Foundry Prince George: 236-423-1571 or email [kristie.north@bc.ymca.ca](mailto:kristie.north@bc.ymca.ca) , [tammy.tetreau@familysmart.ca](mailto:tammy.tetreau@familysmart.ca) or [kathy.buhler@familysmart.ca](mailto:kathy.buhler@familysmart.ca)

## ✓ How to access Youth Peer Support:

Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry

## ✓ How to access Housing Support and Outreach:

Call Jenna King at 250-645-6090 or email [jenna.king@bc.ymca.ca](mailto:jenna.king@bc.ymca.ca)

**\*As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning October 3<sup>rd</sup>, 2023\***