

## October 30<sup>th</sup> to November 3<sup>rd</sup>, 2023

## What's coming up this week at Foundry Prince George?

MONDAY 30	TUESDAY 31	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
Primary Care: 11:00am to 5:00pm No Walk-in Nurse Today*	Primary Care: 11:00am to 5:00pm No Walk-in Nurse Today*			
2:30pm to 5:00pm  • Dr Kalen	2:30pm to 5:00pm  • Dr Paul	2:30pm to 5:00pm No Walk-in Doctor Today	2:30pm to 5:00pm  • Dr Kalen	2:30pm to 5:00pm No Walk-in Doctor Today
Counselling:	Counselling:	Counselling:	Counselling:	Counselling:
12:00pm to 5:00pm	12:00pm to 5:00pm	12:00pm to 5:00pm	12:00pm to 5:00pm	12:00pm to 5:00pm
Tiffany & Carly	<ul><li>Tiffany, Emily &amp;</li></ul>	• Emily, Jane &	<ul> <li>Vanessa, Emily</li> </ul>	Tiffany     Tiffany
	Jane	Carly	& Carly	
Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:
12:00pm to 4:00pm	10:00am to 4:00pm	12:00am to 4:30pm	11:00am to 5:00pm	11:00am to 5:00pm
• Tammy	• Tammy	• Tammy	• Kristie	No Caregiver Support Today
	Groups:		Groups:	
*Foundry is currently	Pumpkin Painting w/Peer		Dialectical Behaviour	
experiencing <u>a nursing</u>	Supporter Sarah		Therapy	
<u>shortage</u> and is working to	(Drop-In)		(Registered)	•
fill the gap as soon as	11:30pm to 3:30pm		4pm to 5:30pm	
possible.	,		Contact <u>foundry@bc.ymca.ca</u> for registration or more information	0
				• : : : :
	Happy Halloween!			
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## What's coming up this week at Foundry Prince George?

## How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.
- ✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse 11am to 5pm,
   Tues/Weds/Thurs
   (September & October 2023)
- Counselling 12pm to 5pm
- Doctors Mon/Tues/Thurs-2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support –11am to 5 pm
- Housing Support & Outreach- 9am-4:30pm

- ✓ How to access Parent/ Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca or tammy.tetreau@familysmart.ca
- ✓ How to access Youth Peer Support:
   Call Foundry at 236-423-1571 or come down to Foundry/YAP.
   Peer Support available Monday to Friday, at YAP & Foundry
- ✓ How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email jenna.king@bc.ymca.ca

\*As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning

October 3<sup>rd</sup>, 2023\*





