\*Please note- our walk-in nurse will be available Tuesdays/ Wednesdays/ Thursdays, 11am to 5pm, through September and October\*

## THE FOUNDRY FORECAST 🔆

September 18<sup>th</sup> to 22<sup>nd</sup>, 2023

## What's coming up this week at Foundry Prince George?

MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
Primary Care: 11:00am to 5:00pm No Walk-in Nurse Today	Primary Care: 11:00am to 5:00pm • Nurse Lisa	Primary Care: 11:00am to 5:00pm • Nurse Lisa	Primary Care: 11:00am to 5:00pm • Nurse Lisa	Primary Care: 11:00am to 5:00pm No Walk-in Nurse Today
2:30pm to 5:00pm Dr Kalen	2:30pm to 5:00pm • Dr Paul	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm • Dr Kalen	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>
Counselling:	Counselling:	Counselling:	Counselling:	Counselling:
12:00pm to 5:00pm • Tiffany & Jane	12:00pm to 5:00pm • Tiffany & Jane	12:00pm to 5:00pm • Emily & Vanessa	12:00pm to 5:00pm • Vanessa & Emily	12:00pm to 5:00pm Tiffany & Sandy
Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:
11:00am to 3:30pm • Tammy	11:00am to 3:30pm • Tammy	11:00am to 3:30pm • Tammy	11:00am to 5:00pm • Kristie	11:00am to 5:00pm <i>No Walk-In Parent Peer</i> <i>Support Today</i> Contact Family Smart at 1-855-887-8004 or
Groups: Heartbeat Peer Support for Suicide Loss (Registered) 6pm to 8:30pm Contact galletti@telus.net for registration or more information	Groups: 8 Step Recovery (Drop-In) 5pm-6:15pm		Groups: Dialectical Behaviour Therapy (Registered) 4pm to 5:30pm Contact <u>foundry@bc.ymca.ca</u> for registration or more information	info@familysmart.ca for support

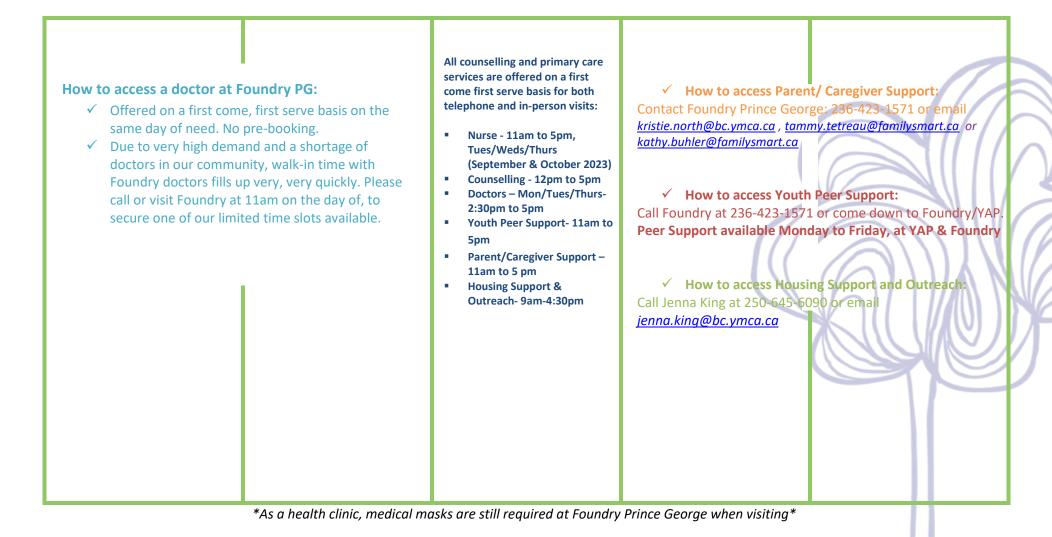
• F O U N D R Y PRINCE GEORGE





148 7<sup>th</sup> Avenue, Prince George, BC V2L 5G6 <u>foundry@bc.ymca.ca</u> 236-423-1571 foundry.bc.ca/princegeorge/

## What's coming up this week at Foundry Prince George?





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