

\*Please note- our walk-in nurse will be available Tuesdays/ Wednesdays/ Thursdays, 11am to 5pm, through September and October\*

# THE FOUNDRY FORECAST

September 11<sup>th</sup> to 15<sup>th</sup>, 2023

## What's coming up this week at Foundry Prince George?

MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
<p><b>Primary Care:</b> 11:00am to 5:00pm <i>No Walk-in Nurse Today</i></p> <p><b>2:30pm to 5:00pm</b> • Dr Kalen</p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Tiffany &amp; Jane</p> <p><b>Caregiver Support:</b> 11:00am to 3:30pm • Tammy</p>	<p><b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lisa</p> <p><b>2:30pm to 5:00pm</b> • Dr Paul</p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Tiffany &amp; Emily</p> <p><b>Caregiver Support:</b> 11:00am to 1:30pm • Tammy  (FamilySmart Parent Peer Supporters Kathy &amp; Tammy will be at Shas Kelly Road SS from 8am-10am)</p>	<p><b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lisa</p> <p><b>2:30pm to 5:00pm</b> <i>No Walk-in Doctor Today</i></p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Emily</p> <p><b>Caregiver Support:</b> 11:00am to 3:30pm • Tammy</p>	<p><b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lisa</p> <p><b>2:30pm to 5:00pm</b> • Dr Kalen</p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Jane &amp; Emily</p> <p><b>Caregiver Support:</b> 11:00am to 5:00pm • Kristie</p> <p><b>Groups:</b> Dialectical Behaviour Therapy (Registered) 4pm to 5:30pm Contact <a href="mailto:foundry@bc.ymca.ca">foundry@bc.ymca.ca</a> for registration or more information</p>	<p><b>Primary Care:</b> 11:00am to 5:00pm <i>No Walk-in Nurse Today</i></p> <p><b>2:30pm to 5:00pm</b> <i>No Walk-in Doctor Today</i></p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Tiffany &amp; Sandy</p> <p><b>Caregiver Support:</b> 11:00am to 5:00pm <i>No Walk-In Parent Peer Support Today</i> Contact Family Smart at 1-855-887-8004 or <a href="mailto:info@familysmart.ca">info@familysmart.ca</a> for support</p>

# What's coming up this week at Foundry Prince George?

## How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse - 11am to 5pm, Tues/Weds/Thurs (September & October 2023)
- Counselling - 12pm to 5pm
- Doctors – Mon/Tues/Thurs- 2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support – 11am to 5 pm
- Housing Support & Outreach- 9am-4:30pm

## ✓ How to access Parent/ Caregivers Support:

Contact Foundry Prince George: 236-423-1571 or email [kristie.north@bc.ymca.ca](mailto:kristie.north@bc.ymca.ca) , [tammy.tetreau@familysmart.ca](mailto:tammy.tetreau@familysmart.ca) or [kathy.buhler@familysmart.ca](mailto:kathy.buhler@familysmart.ca)

## ✓ How to access Youth Peer Support:

Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry

## ✓ How to access Housing Support and Outreach:

Call Tam Prince at 250-645-6090 or email [tam.prince@bc.ymca.ca](mailto:tam.prince@bc.ymca.ca)

*\*As a health clinic, medical masks are still required at Foundry Prince George when visiting\**